



Anchorage Association for the Education of Young Children

"To promote high-quality early learning for all children, birth to age 8, by connecting practice, policy, and research."

Anchorage Association for the Education of Young Children
40th Annual Early Childhood Conference
Through the Years..... Celebrating Where We've Been,
Where We Are and Where We're Going!
September 29-October 1, 2022
Hilton Anchorage Hotel

Music with Mar.
Maryann "Mar." Harman, musical artist, TEDX speaker

Presentations at 2022 Early Childhood Conference

Thursday, September 29, 2022

5:00 Opening Ceremony, Keynote & Social What We Give Them Today, They Will Keep Forever

There is an awesome responsibility we assume when we become early childhood professionals. What we provide in childhood are tools children will use in adulthood. Learn how to teach skills such as a healthy attitude, strong value system, communication abilities, acceptance of self and others, ability to laugh and other basic skills needed in life. Who we are going to be, our value system, our morality, is all place by the age of 6 or 7. Children will remember what we teach them, intentionally and unintentionally. Be mindful of what you do with children. If we give them the belief in their abilities, they will be able. If we remember to give children our hearts, they will use their hearts. If we give them love, they will love. Our tomorrow's will be brighter if we treat our children well today. Make the time you spend with them be valuable, enhancing them cognitively, physically, and emotionally because they will keep it forever.

Friday, September 30, 2022

9:45-11:45 Mindful Music (Self-regulation Through Music)

In order to develop into a well-functioning adults, children must learn how to self-regulate. How are you supposed to learn if you cannot self-regulate? When too much focus is put on getting cognitive skills in too early, our little ones cannot learn and much of the knowledge we are putting out is not absorbed properly. It is through the ability to control our bodies that we learn to sit and listen as well as when to move and how to do so appropriately with awareness of those around us. Using a combination of music, movement, yoga and breathing techniques, this workshop shows ways to help children learn to control their bodies whether it be to energize, focus or calm.

1:30-3:00 Who Says It Can't Be Fun? (PreK / K)

If we want to create lifelong learners, we need to create a desire to learn. Send your children onto the next teacher feeling ready, not unsteady. These child-directed activities will teach your students to be their own teachers for the rest of their lives.



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Saturday, October 1, 2022

1:30-3:00 *Play with Me: I'll Learn with You*

"Children's work is play" is a well-known quote yet often ignored. Come understand the importance of play through activities and supportive research. When we make it enjoyable, it is a more pleasant atmosphere in which to learn.

3:15-4:45 *Building Brains with Music*

Repeatedly, research has shown that music is the only activity that utilizes the entire brain. Combining that with knowing that the early years are the ones where we make the most difference, this workshop demonstrates through movement and activity how to use music to build brains to create children that are competent, capable and confident.