



Anchorage Association for the Education of Young Children

"To promote high-quality early learning for all children, birth to age 8, by connecting practice, policy, and research."

Anchorage Association for the Education of Young Children
40th Annual Early Childhood Conference
Through the Years..... Celebrating Where We've Been,
Where We Are and Where We're Going!
September 29-October 1, 2022
Hilton Anchorage Hotel

Holly Elissa Bruno

Presentations at 2022 Early Childhood Conference

Friday, September 30, 2022

9:45-11:45 **Bounce-Back Strategies: Use Your Brain Capacities to Triumph Over Whatever Pushes Your Buttons**

Let's face it, some people know just how to push our buttons with great success. Do you know how to prevent those folk from even getting close to your buttons? Three essential neuroscience-informed steps along with practice thanks to case studies help us stay chill when pressure heats up.

Saturday, October 1, 2022

8:00-9:45 **General Session & Keynote *What's Right with You?***

Children are often asked, overtly or covertly: "What's wrong with you?" Adults too focus on our faults, rather than our talents/strengths. Imagine changing the conversation to: "What's right with you?" as we seek the unique giftedness of each child, in our peers and ourselves? A child is more than her diagnosis. An adult is more than her shortcomings. Join us in discovering how this simple change of perspective changes every interaction for the better. Rilke encourages us to "Learn to love the questions". "What's right with you?" is a question to love.

9:45-11:45 **Workshop Session – *What's Right with You? Part II***

Continuation of the morning's keynote presentation.