

39th Annual Early Childhood Conference

> February 6-8, 2020 Hilton Anchorage Hotel

### **Conference Program**



Anchorage Association for the Education of Young Children An Affiliate of naeyc

## Be a part of your professional association



Membership in Anchorage AEYC:

- Builds the profession of early childhood with high standards and professional respect
- Gives you access to events, resources, and information
- Strengthens you as a professional and strengthens your work for young children
- **Promotes** public support and policies for young children through education, advocacy, and public awareness activities.





National Association for the Education of Young Children

PO Box 97156 Washington, DC 20090 www.naeyc.org

### Local Alaskan Affiliates







www.niaaeyc.org





## WELCOME

### to the conference

### One, Two, Buckle My Shoe...Three, Four, Let's EXPLORE!

#### Celebrating 39 years of bringing dynamic professional development, keynotes & featured speakers to Alaska.

The Anchorage Association for the Education of Young Children Board (Anchorage AEYC) and Anchorage AEYC Conference Committee would like to welcome you to the 2020 Anchorage AEYC Conference, **One, Two, Buckle My Shoe....Three, Four, Lets' Explore!** We are thrilled to have you joining us whether it is one day or the full three day conference. The time you spend attending the Keynotes and workshops demonstrates the commitment that you have to your ongoing professional development and to the children and families in our community.

This year's Keynotes include our very own Hilary Seitz, PhD Professor of Early Childhood at UAA and Dr. Rebecca G. Isbell from Jonesborough, Tennessee. Other guest speakers include Cathy Cole and Jessica Peters along with many local presenters.

This year as in past years there will be a silent auction during all three days of the conference. Each day new items will be added with all proceeds going to Anchorage AEYC's Early Childhood Education Scholarship Fund. The scholarship is offered semiannually to assist Anchorage AEYC Members who are pursuing a degree or certificate in Early Childhood in the state of Alaska as well as to any member who wish to attend an early childhood conference in Alaska or out of the state.

If you are a member of NAEYC, please take a minute to visit the Members Only room during the conference where there will be the opportunity to enter into daily drawings. You can also enjoy snacks especially for you. This is an opportune time to speak with an Anchorage AEYC Board member about board and committee positions currently being recruited for.

NEW this year is our Friday night **SPECIAL EVENT:** A **Night at the Anchorage Museum.** Join Anchorage AEYC at the Museum for a night of fun, hands-on and digital activities with Molly of Denali and more. Bring your family and or friends. No additional charge. Check at the registration desk if you need transportation from the Hilton to the museum.

This year's conference gives attendees the opportunity to network with colleagues, make new connections and come away with ideas, new approaches and reflections that will positively influence the work we do with young children.

We want to thank all of the keynotes and workshop presenters for making this conference a memorable, inspiring and enriching event.

Chris Jurenka and Tracy Breimo Conference Co-Chairs



Exploring Alaska's backyard... **"Kindness Rocks"** 12:00-1:00 Daily

Come to the membership room each day 12-1 pm to make an inspiring design or place an encouraging word and/or message on a rock.

We will have all the supplies for you to design your rock. The rock is yours to keep.

We will have a limited supply of rocks on hand. If you are able to bring one in for yourself or one for another conference attendee, it would be greatly appreciated. Download your Conference photos! Stay connected, share photos and status updates. #aaeyc2020conference



Conference bags provided by:



AK DHSS Physical Activity and Nutrition Program

www.dhss.alaska.gov/dph/Chronic/Pages/Obesity default.aspx

## WELCOME to Anchorage AEYC

### **About Us**

The Anchorage Association for the Education of Young Children (AAEYC or Anchorage AEYC) is a professional membership organization that works to promote high-quality early learning for all young children, birth through age 8, by connecting early childhood practice, policy, and research. We advance a diverse, dynamic early childhood profession and support all who care for, educate, and work on behalf of young children.

Anchorage AEYC is an affiliate of the National Association for the Education of Young Children (NAEYC). In Alaska, there are three local affiliates—AAEYC (Anchorage AEYC), SEAAEYC (Southeast AEYC) and NIAAEYC (Northern Interior AEYC).

### 2019-20 Anchorage AEYC Board of Directors

**President:** Chris Jurenka

- President-Elect: Tracy Breimo
- Secretary: Lynette Coooper

Treasurer: Brandy Graham

Member Coordinator: Cecilia Harmon

Professional Development: Anna Castillo

Program Quality: Kayla Hayes

Public Policy: Margaret Bauer

Members at Large: Monica Anderson, Nicole Campanale, Taylor Donovan, Jennifer Edwards-Fahl, Wei-Ying Hsiao, Clara Underwood, Katelyn Watkins,

Liaisons: thread—Mildred Parker

For Information on Anchorage AEYC & Services:

Phone: 907-696-5884

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E-mail: anchorageaeyc@mtaonline.net

Website: www.anchorageaeyc.org



Anchorage Association for the Education of Young Children An Affiliate of **naeyc** 



### **Discover the NAEYC Experience**

**Get connected and discover what the new NAEYC can do for YOU!** Joining NAEYC and your local affiliate (AAEYC, SEAAEYC, NIAAEYC) is about more than just a membership card—it's about being part of something larger. **It's an experience.** 

During the 2020 AAEYC Annual Conference, stop by the AAEYC Membership Room (Dillingham) where AAEYC Board & Committee members will be available to answer any questions you may have and discuss how you can get the most from your new and improved membership experience.

Whether you want to learn more about play, take on a leadership role, dive into public policy and advocacy, advance your career through professional development, or connect with NAEYC's new digital Interest Forum platform,

Hello, we will be available to discuss how NAEYC can help you advance your professional goals. We can walk you through the suite of membership benefits, including subscriptions to award-winning journals and publications, discounts as a member you will receive and much more! Stop by and say hello.



www.naeyc.org/membership

### Volunteer Conference Committee Members

**Conference Chairs:** Chris Jurenka & Tracy Breimo

#### **Committee Members:**

Anna Castillo, Lynette Cooper, Brandy Graham Alyssa Harris, Christy Knight, Neva Lancaster Bonnie Monson, Mai Moua-Calugay, Mildred Parker Jane Parkhurst, Hilary Seitz

> Conference Coordinators: C&C Services Cecilia Harmon & Christie Holshouser

### 2020 Sponsoring Partners

Anchorage AEYC Board of Directors and Conference Committee members thank the 2019 partnering conference sponsors in recognition of their generous financial support of last year's conference. Please let them know how much their support means to Alaska's children, families, communities and you as an educator.



Anchorage Association for the Young Children Education of Young Children











ROVIDENCE Health & Services Alaska







Anchorage Association for the Education of www.anchorageaeyc.org

State of Alaska Education & Early Development www.education.alaska.gov

thread www.threadalaska.org

The Alaska Mental Health Trust Authority www.mhtrust.org

**AIR Child Care Training Solutions** www.airchildcare.org

**Best Beginnings** www.bestbeginningsalaska.org

**Providence Health & Services** Alaska www.alaska.providence.org

Kaplan Early Learning Company www.kaplanco.com

Lakeshore www.lakeshorelearning.com

AK DHSS Physical Activity and Nutrition Program www.dhss.alaska.gov/dph/ Chronic/Pages/Obesity/ default.aspx

## **2020** Schedule of Events

#### Wednesday, February 5, 2020

6:30 p.m 7:30 p.m.	Registration
6:30 p.m 7:30 p.m.	Volunteer/Host Class
Thursday, February 6, 202	<u>o</u>
7:30 a.m.—5:30 p.m.	Registration
7:30 a.m.—4:30 p.m.	Visit the Exhibitors
8:00 a.m.—9:30 a.m.	General Session & Keynote: Dr. Hilary Seitz The Journey to Become a Culturally Responsive Early Childhood Educator
9:45 a.m11:45 a.m.	Seminar Session
11:45 a.m.—1:15 p.m.	Lunch on site
1:30 p.m 3:00 p.m.	Workshop Session
3:15 p.m.—4:45 p.m.	Workshop Session
5:00 p.m.—7:00 p.m.	Continuing Education Credit Class & Registration - \$79 Additional Class Fee

#### Friday, February 7, 2020

7:30 a.m.—5:30 p.m.	Registration
7:30 a.m.—4:30 p.m.	Visit the Exhibitors
8:00 a.m.—9:30 a.m.	General Session & Keynote: Dr. Rebecca Isbell
	The Challenge of the 21st Century:

Thinkers

9:45 a.m11:45 a.m.	Seminar Session
11:45 a.m.—1:15 p.m.	Lunch on your own
1:30 p.m 3:00 p.m.	Workshop Session
3:15 p.m.—4:45 p.m.	Workshop Session
6:00 p.m6:45 p.m.	Continuing Education Class Wrap Up
6:00 p.m9:00 p.m.	A Night at the Anchorage Museum No Additional Charge

#### Saturday, February 8, 2020

7:30 a.m.—1:00 p.m.	Registration
7:45 a.m.—8:15 a.m.	General Session—Welcoming—No Keynote
7:30 a.m.—4:00 p.m.	Visit the Exhibitors
8:30 a.m10:30 a.m.	Seminar Session
10:45 a.m.—12:15 p.m.	Workshop Session
12:15 p.m.—1:15 p.m.	Lunch on site
1:30 p.m.—3:30 p.m.	Seminar Session
3:45 p.m.—5:15 p.m.	Closing Keynote: Dr. Rebecca Isbell The Story Behind the Humor: Smile, Laugh and Be Happy!

#### **New Schedule!**

Nurturing Young Children to be Creative Communicators, Collaborators, & Critical

## Conference Highlights Featured Speakers

### Thursday



**Dr. Hilary Seitz** Dr. Hilary Seitz is a passionate early childhood educator, an advocate for young children and their families - and an Alaskan. She has been a professor of Early Childhood, at the University of Alaska Anchorage since January

of 2003. She came with 17 years of early childhood teaching experience from infant/toddler/preschool classrooms, public Pre-K and primary grades. Her research foci have been in early literacy development, collaborative practices between families and schools including culturally responsive pedagogies, emergent curriculum development, documentation and authentic assessment, and social constructivist learning theories inspired by Reggio Emilia practices. She is currently working on projects related to the superpower of creativity and how to integrate arts and cultural values into the classroom. In her free time, she loves to read (novels), hike around Alaska, crochet, play cribbage, walk her dogs and spend time with her family at her cabin in Willow, Alaska.

### Friday & Saturday

**Jessica Peters** Some people are born to be educators—and there is no doubt that Jessica Peters is one of those people. With over 20 years of experience in early childhood, Jessica's passion is to improve practices that impact teachers, administrators, and most of all, children and their families.



This passion has fueled Jessica's involvement on research projects focused on self-regulation development and the effectiveness of the on-sit coaching she has provided to numerous teachers.

Jessica leads participants through professional opportunities that model fundamental best practices—such as promoting hands-on practice, initiating high levels of child engagement and making outcome-driven evidence-based choices in the classroom. Throughout, she highlights those skills that translate professional development concepts into concrete practices.

Dedicated to ensuring that children have a strong foundation for lifelong success learning and development, Jessica has both a B.A. and an M.A. in Education and is certified in CLASS (PK/ Toddler/Infant). Jessica draws on experience in Special Education, teaching, coaching and leadership when reminding teach-

### Friday & Saturday

**Dr. Rebecca Isbell** is an inspiring speaker, prolific writer, and experienced consultant in Early Childhood Education. She served as the Director of the Center of Excellence in Early Childhood Learning and Development and Professor of Early Childhood Education at East Tennessee State University, Johnson City, TN where she was honored as an "Outstanding Teacher."



She is the author of <u>Creativity and the Arts with Young Children</u> (3rd edition), a textbook used in early childhood classes nationwide. Other bestselling books include: <u>The Complete</u> <u>Book of Learning Centers</u> (Revised) and <u>Real Classroom</u> <u>Makeovers</u>. Her most recent book, released in the fall, is <u>Nurturing Creativity: An Essential Mindset for Young Children's Learning</u>, published by NAEYC.

Dr. Isbell has many years of varied experiences in the field of EC including: teacher of young children (2-8 years old), director of a laboratory school, music teacher (k-5 grade), coordinator of gifted/talented, early childhood program chair, supervisor of EC student teachers, professor, and developer of BA, MA, MS, and PhD academic programs at the state university. These experiences has provided her with many incredible stories that she uses in her presentations to demonstrate the amazing capabilities of young children and the wonderful work of the dedicated people who interact with them each day. In addition, she has worked extensively with supervisors, directors, and teachers helping them make changes in their classrooms and programs to insure that both children and teachers have the best environments in which to nurture development.

## Thursday, Friday & Saturday



**Cathy Cole** began her career as a preschool teacher and had the opportunity to work with infants, toddlers, and schoolage children in private programs and in Head Start, Migrant Head Start, and California State Preschool programs. Cathy became a Head Start Delegate

Director, a Head Start Grantee Interim Director, a National Head Start Consultant, and a Head Start Federal Reviewer. She is a certified facilitator for Dr. Stephen Covey's 7 Habits of Highly Effective People and 4 Roles of Leadership.

We're Ready to Celebrate You!



Awards sponsored by ConocoPhillips.

800.278.3723

Join thread for the 6th annual presentation of the Cindy Harrington Heart & Mind Award and the Quality Improvement Program of the Year Award!

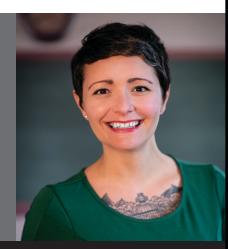
Awards will be presented: Friday, Feb. 7, 2020 During General Session 8 - 8:30 am

Come congratulate the recipients and learn more about their achievements in the field of early childhood education.



Don't miss thread's booth and sessions during the conference:

- The benefits of coaching
- Learn & Grow and Alaska SEED
- thread's services for early educators and programs and
  - No Small Matter film featuring Rachel Giannini



## www.

## www.threadalaska.org

### In Remembrance—Margaret Wolfe



**Margaret Wolfe,** former Anchorage AEYC President, passed away in her sleep September 29, 2019 from complications of Alzheimer's Disease. In the 1970's she managed the Anchorage Federation of Community Councils, and became fully involved in the field of Early Childhood Education. She purchased Midtown Daycare Center and operated it for nearly fifteen years. Margaret was President of Anchorage AEYC 1976-77 and was instrumental in setting up the association's non profit status.

Born in Bemidji, Minnesota she graduated from the University of Minnesota in 1957 and received her MS/ Social Work from the Catholic University of America in Washington, D.C. in 1965.

In 1958, she began her ten year social work career in Minnesota, culminating as a Regional Training Officer for Head Start. She drove to Alaska, alone, in 1968 to work in Juneau as a Daycare Consultant with Alaska Health & Social Services, where she met her future husband, John. They moved to Anchorage and she worked with the Borough Health Department.

She and John celebrated their 50th Wedding Anniversary in August. She helped raised step-sons John Jr. and David. Like the heroine of The Sound of Music ( a favorite musical), Margaret came into a ready-made family and won them over by being colorful, daring and musical and by cooking great Midwest meals. The family remembers Margaret for her piano, guitar, humming while cooking, and voracious reading.

One colleague remembered Margaret this way: Margaret was truly a woman with spirit and passion for early childhood education and services in all capacities. It was an honor to work with and beside her. She always made me feel valued and supported, and especially in times of utter exhaustion, she gave me the encouragement and drive to keep going!



## Anchorage AEYC Early Childhood Education Scholarships



Ms. Lare'

The Anchorage AEYC Scholarships are

offered quarterly to assist early childhood educators and providers who are pursuing a degree or certificate in Early Childhood in the state of Alaska as well as to providers who wish to attend any early childhood conference either in Alaska or out of state. Applications for the Anchorage AEYC Early Childhood Education Scholarship are available now on the Anchorage AEYC website: www.anchorageaeyc.org

Funds from the Silent Auction support this scholarship. There will be items in the Silent Auction for you to bid on each day of the conference as well as items that are bid on until Saturday.

The Early Childhood Education Scholarship began in honor of the late Ms. Lare', a long time public policy advocate on behalf of young children, their families and the individuals who worked with them on a daily basis. She was a past Anchorage AEYC board president & member of the board of directors, member on many NAEYC committees, chair of the Anchorage AEYC conference committee, a mover and shaker for KidPack, sat on the Child Care Alliance committee and a strong supporter of Head Start. The Anchorage AEYC Early Childhood Scholarship applications are due: May 30th & November 30th

Selection criteria includes: Successful completion of the application, transcripts, resume, two letters of recommendation, interview, and current membership in Anchorage AEYC.

The Anchorage AEYC Early Childhood Scholarship can be downloaded from the Anchorage AEYC website: www.anchorageaeyc.org



Anchorage Association for the Education of Young Children

#### **Congratulations 2019 Scholarship Recipient:**

#### Anna Castillo

I have been in the Early Childhood field for a little over 25 years working for Providence Health & Services Alaska and currently managing the CU1 Little 1's Learning Center. I have the pleasure of working with children, families, teachers, and the community in providing quality early care and learning. I wanted to take the time to

say Thank you to Anchorage AEYC for the scholarship that they awarded to me that assisted in covering travel, lodging, transportation, and fees for the NAEYC Affiliate Leadership Day at the NAEYC Conference. The Affiliate Leadership Day Keynote speaker Ann McClain addressed Leadership Journeys in Early Childhood Education. She was very inspirational and her presentation helped me to reflect on my own leadership journey in the Early Childhood field. While at the NAEYC Conference, I also had opportunities to attend workshops that focused on Adverse Childhood Experiences and Trauma informed care. I was able to learn and obtain strategies, practices, and resources to implement in my interactions with young children and their families.



#### **Margaret Bauer**

I have lived in Alaska for 37 years and I hold a degree in early childhood education. My career path of educational instruction ranges from a pre-K educator, director/administrator employer sponsored child care, university adjunct faculty, a development consultant and manager. As part of Alaska's workforce development plan, I have contributed in building the

professional career ladder with the Alaska System for Early Education and Development (SEED). I am former board member of thread and I currently serve on Alaska's Best Beginnings Board, as Governance Chair, Alaska Early Childhood Advocacy Group -Chair, and Public Policy Chair for Anchorage AEYC.

Thank you to the Anchorage AEYC scholarship committee for providing me with a scholarship. I am very appreciative to have been selected as a recipient. The scholarship award allowed me to augment travel accommodations to attend the 2019 NAEYC Annual Conference in Nashville, Tennessee. The highlight of the conference was my participation in Affiliate Leadership Day where was able to network with fellow professional colleagues, NAEYC leadership representatives, and be inspired by Ann McClain Terrell's keynote address: Leadership in Early Childhood Education.

## **General Conference Information**

#### **General Sessions**

All General Sessions will be in the Aleutian/Alaska Ballrooms.

#### Official Conference Badge/Nametag

Please wear your conference badge at all times, not only as a courtesy to other attendees but also as an indicator that you are registered. Badges must be worn to grant access to sessions and for lunches.

#### Meals

A breakfast snack with coffee is available Thursday, Friday & Saturday 7:30-8:00 am. Lunch on Thursday and Saturday are included in your conference registration. Your nametag is your ticket for the luncheons.

#### The Anchorage AEYC Early Childhood Conference strives to:

- Provide educational opportunities and resources to those who work with and on behalf of young children and families.
- ★ Promote inclusive attitudes and practices and to support awareness of diversity issues.
- ★ Support partnerships, networking and collaboration between educators, families, providers, schools, agencies and the community.
- ★ Provide an engaging high quality learning experience with sessions designed for professionals who are emerging; established and experienced.

# Update

**Program Changes** Workshop changes and cancellations

and cancellations will be posted at the Registration Table. Please check for updates throughout the conference. While we make every effort to minimize these changes, they are unavoidable, and we ask for your understanding.

#### Emergency/Safety

Should an emergency arise during the course of the conference, we will utilize the approved plan in place at the Hilton Anchorage for security, evacuation and medical purposes.

#### **Conference Tracks**

Conference tracks have been identified to assist you in identifying sessions most pertinent to your professional needs or work. Sessions are categorized by their most dominant theme and tracks are organized around the ten standards for quality programs as identified by NAEYC.

They include:

- Relationships
- Curriculum
- Teaching
- Assessment
- Nutrition and Health
- Teaching Staff
- Family Relationships
- Community Relationships & Collaborations
- Physical Environment
- Management

#### Workshop Titles & Descriptions

Workshop titles & descriptions are written by the workshop presenters. Therefore, they should reflect the content of the session.

While Anchorage AEYC entertains and accepts differences of opinion, we do not necessarily endorse the products or views expressed by speakers. Anchorage AEYC urges conferees to contact individual exhibitors and/or presenters about any concerns and objections they may have about products, services, or practices. The Association also encourages that conferees extend their compliments to presenters/and or exhibitors whom they feel have provided a product or presentation of exceptional guality.

No person shall, on the grounds of race, creed, color, national origin, sex, sexual orientation, marital status or the presence of any sensory, mental or physical handicap, unlawfully be excluded from participation in, be denied the benefits of, or be otherwise subjected to discrimination under any activities performed pursuant to the conference or as an Anchorage AEYC member.

#### Parking

Parking is limited downtown.



#### Hotel Parking

♦ Overnight Valet for Hotel Guests is available for \$22.00 per day.

♦ Day only Valet parking for attendees is available for \$14.00 per day.

Parking charges for guests can be posted to your guest room folio and paid at the end of your stay.

#### **Overflow Parking**

Lot 12 located at the corner of E St. and  $3^{rd}$  Ave.

Parking is available at Lot 12 (The Saturday Market Lot) for \$1.00 per hour and can be paid for at the parking kiosk located in the parking lot.

All parking for both the Hilton Valet and Lot 12 are based upon first come first serve basis and subject to availability.

#### Workshop Capacity Facility Capacity

We offer a large selection of workshops with plenty of seating during each time slot. Seating for all sessions is on a first come, first serve basis. Seating may be limited due to the desire of the presenter, content of the session and size of the room. Because of this, we suggest selecting two or three workshops per session in the event your first choice is full. Workshop Volunteers/Host will monitor seating capacity and deny entrance once a room reaches maximum capacity. Please honor the Closed Session signs. In compliance with fire code regulations set forth by the Municipality of Anchorage, overflow seating on the floor or in the aisles of meeting rooms or hallways is not permitted. Remember this is for your safety as well as everyone else. We apologize for any lost opportunity.



## **General Conference Information**

#### **Conference Etiquette**

With an average of 500 attendees, a successful Anchorage AEYC Annual Conference requires that we extend professionalism and courtesy to one another. The following tips may make for a more pleasant learning environment for all:

- Use this Program to plan your schedule.
- Select an alternate in the event of session being at capacity or a cancelation. Conference Volunteers must close a workshop when all chairs are occupied (full capacity) to conform to fire code regulations.
- Arrive early, but do not block other participants exiting a meeting room.
- Participants are encouraged to share materials (especially folks from the same program) and to refrain from taking more than one copy of handouts (even of the best ideas!).
- Turn off or silence all cell phones.
- If it is necessary to leave a session early, or arrive late, make the interruption as non disruptive as possible.
- It's wonderful to catch up with our colleagues but please not while speakers are addressing the group. Others are trying to hear what is being said.
- We know that infants may need to stay close to their mothers. If your baby becomes inconsolable, we ask you to respect the needs of others and to go to a quiet area to relax until your infant is settled.
- Bring business cards for networking and requesting materials from presenters.
- Extend to others the courtesy you would like to experience.

#### **Dress Code**

Temperatures will vary greatly from room to room. No matter what, meeting rooms are always too cold for some and too warm for others. You are strongly encouraged to dress comfortably and in layers to accommodate the sometimes fluctuating facility temperature and your personal thermostats.

#### **Electronic Devices**

In order to provide a positive learning environment for participants and as a



courtesy to speakers, all cellular and paging devices will need to be set on the silent mode or turned off during the conference.



University of Alaska announces a Continuing Education Credit Class: AAEYC Conference 2020

Where:	Prince William Board Room
When:	February 6-8, 2020
Cost:	\$79.00 in addition to
	Conference registration fee

#### Course Requirements:

- Attend face to face meeting on Thursday, February 6th from 5:00 – 7:00 pm
  - A. Administrative Register and pay for course (\$79)
  - B. Introductions
  - C. Explanation of course requirements
- Attend face to face meeting on Friday, February 7th from 5:00 – 6:30 pm
  - A. Reflection Share, show and tell
- Documentation of at least 15 contact hours through AAEYC conference – submit copy of conference certificate (= at least two full days of conference and our two face to face meetings)
- 4.Write a brief summary of each session attended, to include key notes
- Write an in-depth summary of one session that is at least one page in length and includes:
  - A. The key message(s) you took from the session
  - B. Relate how the Alaska Early Learning Guidelines fits with the content of the session.
  - C. At least one idea that stood out to you from the session and how you can apply it to your program
    - D. Any additional resources you may need to learn more or to assist you to apply the new idea.

\$79 Registration fee is paid directly to UAA either online or at the class on Thursday, February 6th.

On-site Registration will be at the Thursday Evening Class Session or you may register online. For additional information, e-mail Tamora Harding at tharding@threadalaska.org or visit: www.anchorageaeyc.org.

#### Credit Course Disclaimer

Conference registration does NOT include credit courses. The credit course registration fee is \$79 and must be paid on Thursday during the class or call for student enrollment assistance (Sally or Katie) at 786-1934 or toll-free 1-888-828-8974. Payments can be made by credit card or check (payable to UAA).

UAA is an EQ/AA employer and educational institution.

Alaska Early Learning Guidelines can be found at: www.eed.state.ak.us/ publications/EarlyLearningGuidelines.pdf

#### **Certificates of Participation**

Each conference attendee has a Certificate of Participation in their conference folder. Credit for attending is granted through the issuance of session stickers (labels). At the conclusion of each session you attend, the presenter (or volunteer) will give you a label. You will need to place this label in the corresponding box on your Certificate of Participation. This certificate becomes your proof of attendance as no other documentation will be provided.

#### TR, PDR & SEED Information

For information on: Travel Reimbursement (TR) or Professional Development Reimbursement (PDR) and SEED Registry visit <u>www.seedalaska.org</u> and follow

instructions carefully.



Denotes presentations that have been pre-approved by the Alaska System for Early Education Development

## Thursday, February 6, 2020

#### AGENDA IN DETAIL

7:30-5:00	REGISTRATION/CHECK IN/INFORMATION DESK OPEN
7:30-2:55	SILENT AUCTION Lobby down from Registration
	Participate in the silent auction. Not only will you come away with terrific items, you will be giving someone else the
	opportunity to attend the conference in the future. Proceeds support Anchorage AEYC scholarships fund.
7:00-8:00	CONTINENTAL BREAKFAST Alaska
7:30-4:45	VISIT THE EXHIBITORS
8:00-9:30	OPENING GENERAL SESSION Aleutian/Alaska
	KEYNOTE: Dr. Hilary Seitz "The Journey to Become a Culturally Responsive Early Childhood Educator"
	Becoming a culturally responsive educator is a long and rewarding journey. The stops along the way can be meaningful and insightful and ultimately make a difference for young children and their families. Do we ever get the final destination? Probably not, but we learn to see the strengths we bring, understand our own lenses of how we view things, and work with those in our communities to build culturally responsive classrooms.
	Please remain seated until the session concludes. Premature departures disturb closing remarks and announcements considered important to other attendees. No workshop session will begin until the general session is over.
9:45-11:45	SEMINAR SESSIONS
11:45-1:15	LUNCH ON SITE Alaska
1:30-3:00	WORKSHOP SESSIONS
3:15-4:45	WORKSHOP SESSIONS
5:00-7:00	CONTINUING EDUCATION CREDIT CLASS AND REGISTRATIONPrince William Class requirements listed on page 11. Additional fee of \$79 for credit class.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Thursday, February 6th 9:45-11:45			
Curriculum	Across Levels	All	<b>Explore How the Reggio Emilia Philosophy Connects with Culturally Responsive Teaching</b> Come explore the rich philosophies of the Reggio Emilia Approach and Culturally Responsive Teaching. See how both of these practices connect and build on the strengths of children, families and your environment. Come join the discussion and walk away with easy to implement strategies you can do tomorrow.	Dr. Hilary Seitz, Professor of Early Childhood, University of Alaska Anchorage hjseitz@alaska.edu	100	Denali
Leadership & Management	Across Levels	All	Less Stress, More Ease: Using Self-Care to Support Ourselves and Our Community Learn how to extend your self-care into the workplace and understand the link between self-care and community. This session will include an overview of ways to better nourish yourself and how to incorporate tools and techniques that support healthy work-lives. The session will include training, discussions and exercises. Please come prepared to work, share and learn together!	Woodrie Burich, Owner, Integrating Work Anchorage, Alaska woodrie@integratingwork.com	50	King Salmon
Teaching SEED	Emerging & Established	3-5	Secrets to a Successful Circle Time Come experience and investigate ideas and activities for an engaging group time. If you had an empty basket, what tools, sons, games, and resources would you bring to have a successful and interactive experi- ence? We'll bring the basket, you bring the ideas. Come see and explore puppets, math songs, favorite read aloud books, felt boards, finger plays, etc. If you love circle time, and make it short, interactive, and fun, kids will love it too.	Sydney Singer, Director of Staff and Program Development Boys & Girls Club - Alaska ssinger@bgcalaska.org Sarah Wright Director of Staff and Program Development Boys & Girls Club - Alaska swright@bgcalaska.org	50	Katmai

Shhhhh!

Please Be Courteous It's wonderful to catch up with colleagues but please not while speakers are addressing the group.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Thursday, February 6th 9:45-11:45			
Community Relationships	Across Levels	All	<b>Exploring High(er) Quality Care and Learning</b> Join us for a café style roundtable discussion focusing on high quality care and learning. In this session, we will delve into con- versations/reflections on how we define quality care and learn- ing, why quality care and learning is so important, and how we can continue to grow in providing quality care and learning for all. You will leave the session with resources that you can use to reflect on your daily work with young children and families.	Kayla Hayes, Lead Mentor Teacher, CU1 Little 1 Learning Center, hayesk@cu1.org Anna Castillo Site Manager, CU1 Little 1 Learning Center, castilla@cu1.org	40	lliamna
Teachers	Across Levels	Birth-3, Adult Learners	Improving Childcare Outcomes Research (ICOR) and Culturally-Responsive Practices The Improving Childcare Outcomes Research (ICOR) project aims to create professional development (PD) that strengthens the culturally responsive practice of educators providing Early Head Start services to Alaska Native/American Indian families in An- chorage. This session will briefly share findings from a survey of parents and childcare providers with Cook Inlet Triball Council (CITI) about culturally responsive practices and identified areas for professional development needs. Then we will focus on sharing the development of standards for culturally responsive practices in an early learning environment, adapted from the Alaska Cultural Standards for K-12 Educators, and provide an opportunity for participants to engage in discussion.	Dr. Hattie Harvey, Associate Professor of Early Childhood, University of Alaska, Anchorage haharvey@alaska.edu Dr. Diane Hirshberg, Professor of Education Policy, University of Alaska Anchorage dbhirshberg@alaska.edu Brittany Suralta, Senior Manager, Employment Training & Services Dept. Cook Inlet Tribal Council bsuralta@citci.org Elizabeth Alvarez, UAA Graduate Student Department of Psychology, University of Alaska Anchorage esalvarez@alaska.edu	40	Aspen
Teaching	Emerging professionals	Birth-3, 3-5	Building Classroom Foundations Set your classroom up for success by learning how to: 1) create interesting, attractive and orderly learning spaces that optimize children's participation and 2) effectively using schedules to max- imize child engagement, increase staff efficiency and improve staff communication. This session will be presented in Spanish on Saturday, 8:30-10:30 in Fireweed.	Mischellean Smith, Professional Development Specialist, thread msmith@threadalaska.org Caroll L. Rodriguez, Professional Development Specialist, thread crodriguez@threadalaska.org	40	Spruce
Relationships	Across Levels	5-8	Five, Six, Relationships that Stick Seven, Eight, Structures are Great! Still struggling with challenging behaviors in your classroom? At home? Want to connect more with your children? Conscious Discipline's relationship building strategies, structures and lan- guage support children's willingness to be a part of your family, classroom/school family. Build relationships and a strong commu- nity of learners through strategies and (make and take) structures that work!	Kimmer Ball, Preschool Instructional Support Anchorage School District, ball_kimberly@asdk12.org	40	Birch
Teachers	Across Levels	Birth-3	<b>Developing Effective Environments for Infants and Toddlers</b> A well-designed environment is, of course, safe for infants and toddlers but, more than that, it supports their emotional well-being, stimulates their senses, and challenges their motor skills. A quality design aims to create a classroom that is highly functional, aesthetically attractive, age-appropriate, child- directed, and teacher-supported. In this workshop, information will be shared on effective settings, materials and equipment that give infants and toddlers many opportunities to challenge themselves through seeing, touching, feeling, and moving in surroundings that are safe to explore freely. This session is repeated on Saturday, 8:30-10:30, in the Willow.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Willow

			Thursday: Sessions at a (	Glance					
NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM			
Thursday, February 6th 9:45-11:45									
			<b>Networking/Collaboration Rooms</b> If you would like to reserve either of these rooms to use for networking or collaboration please see Christie at the upstairs Registration Desk.		18	Cook Inlet			
Teaching	Emerging & Established Professionals	Birth-3, 3-5, 5-8	Are You Afraid to Teach Math? In the early childhood field, often women driven, educators tend to shy away from teaching mathematics to young children. Through this workshop, participants will examine their own learning and experiences with math, and how it has driven their teaching of mathematics. Participants will use cultural and traditional activities and apply mathematic concepts to build confidence in teaching young children math.	Jennifer Russell, ED & Disabilities Coordinator, TCC Head Start, Fairbanks jlrusell2@alaska.edu	18	Prince William			
Relationships	Across Levels	Birth-3, 3-5, 5-8	Alaska's Early Childhood Statewide Plan: Your Input is Needed! You are invited to participate in a workshop hosted by Alaska's Early Childhood Joint Task Force and facilitated by Denali Daniels & Associates. This session is open to individuals work- ing in the early childhood system. The purpose of this meeting is to gather ideas and opinions from the people who make up the important components of the system. The responses we receive will help inform the new comprehensive, action- oriented, statewide strategic plan for early childhood in Alaska. This is your opportunity to provide input on this important plan! This session is a repeated Friday, 9:45-11:45 session in the Fireweed.	Denali Daniels & Associates Strategic Planning Consultants, Early Childhood Alaska denali@ddaalaska.com	40	Fireweed			
Community Relationships	Across Levels	All	Won't You Be My Neighbor? You're invited to re-discover the joy of Mister Rogers, and to screen the acclaimed film Won't You Be My Neighbor? for your community to help build connections between people and evoke Mister Rogers' values of compassion and kindness. In Won't You Be My Neighbor?, Academy Award-winning filmmaker Morgan Neville looks back on the legacy of Fred Rogers, focusing on his radically kind ideas. While the nation changed around him, Fred Rogers stood firm in his beliefs about the importance of protect- ing childhood. Neville pays tribute to this legacy with the latest in this highly engaging, moving documentary portrait of an essential American artist. This session is offered each morning of the conference in Lupine.	Facilitator: Anchorage AEYC Board or Conference Committee	40	Lupine			
	287			e Education of Young Children					
			Anchorage AEYC 40th Annual Through the YearsCelebrating Where We've B January 28-	Early Childhood Confe een, Where We're Going, and		/e Are!			
	?'s		<b>Get INVOLVED</b> Visit the Dillingham Room to learn how yo	ou can become involved in Ancho	rage AEYC.				
	eyc@mtaonlir ia or Christie	ne.net	<b>Become a MEMBER TODAY</b> Learn more about membership and how to	o become a member. Visit: www	.naeyc.org				
	7-696-5884 chorageaeyc.c	org	Submit a PRESENTATION PROPOSAL Call for Proposals available mid-September. Visit: www.anchorageaeyc.org						

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Thursday, February 6th 1:30-4:45			
Leadership & Management	Established Professionals	3-5	<b>DEED Pre-Elementary Grantee Face-to-Face</b> The purpose of this seminar is for Pre-Elementary programs re- ceiving funding to share program information with peers. This includes a description of their program, successes, lessons learned, and future plans. There will also be time to provide feedback to the state regarding the grant process, technical assistance needs and AK Climbs. Please note this session is for DEED Pre-Elementary Grantees only.	Kristine Spencer, Education Specialist II, DEED, Juneau, Alaska Kristen.spencer@alaska.gov	50	Top of the World
Teaching	Across Levels	All	Sensory Processing and Early Childhood Mental Health Part I will include understanding the different sensory systems of young children and how they vary from adults. Basic information about sensory processing and self regulation and what behaviors may be seen when children have difficulty with different systems. Part II will explore emotional factors and reactivity that influences sensory regulation. Learn strategies to address sensory related behaviors and when to seek additional supports. Please note this session is from 1:30-4:45.	Donna Kelley, Early Interventionist/Occupational Therapist/Early Childhood Educator, Programs for Infants & Children dkelley@picak.org Amy Simpson, Early Interventionist/Speech Programs for Infants & Children, asimpson@picak.org	40	Fireweed
			Thursday, February 6th 1:30-3:00			
Teaching	Across Levels	All	<b>Culturally Responsive Relationship Building!</b> One, two, come play "Identity Bingo" three, four come explore our "Relationship Tapestry". Learn some fun ways to build culturally responsive relationships in your classroom.	Dr. Hilary Seitz, Professor of Early Childhood, University of Alaska Anchorage hjseitz@alaska.edu Kelsey Hernandez, Early Childhood Educator, Hernandez.kelsey@gmail.com Marissa Ridgley, Early Childhood Educator,	100	Denali
Teaching	Across Levels	All	<b>Free STEM Kits for Educators</b> This presentation will show you how to take advantage of the free STEM kids available from Civil Air Patrol as well as unique ways to teach multiple subjects with the STEM kits. We will also go over all the benefits of the program for you as educators as well as your students. Easy STEM activities to make and take to share with your students will also be shared. This presentation is repeated each day of the conference.	mridgley@alaska.edu Lynda MacPherson, Director of Aerospace Education and STEM, AK Civil Air Patrol 605271@akwg.cap.gov	50	King Salmon
Leadership & Management	Across Levels	All	Learn & Grow: Learn About What's New and Improved and What's Next This session is for early childhood administrators from Head Start, Pre-elementary, and Child Care who are participating in Learn & Grow or who are interested in learning more about Learn & Grow. Learn & Grow gathered data and feedback from the field and made some new improved quality activities to better support programs with quality improvement activities. This session will describe the changes and provide opportunity for participants to ask questions and discussions.	Meghan Johnson, Learn & Grow Director, thread, mjohnson@threadalaska.org	50	Katmai

Download your Conference photos! Stay connected, share photos and status updates. #aaeyc2020conference



Visit The Exhibitors

Stop by & Chat with our Exhibitors and say THANK YOU for supporting Anchorage AEYC and the Early Childhood Community!

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Thursday, February 6th 1:30-3:00			
			<b>Snapshot Session</b> This round-table session offers a short description from below agencies that will help inform you of who they are and what they offer to you as an early childhood educator.	Anne Frietag, Librarian, Special Education Service Area, afreitag@sesa.org	40	lliamna
			<ul> <li>SESA: Come learn about SESA (Special Education Service Agency) and the American Printing House for the Blind and what they offer.</li> <li>Play Every Day: The State of Alaska Physical &amp; Nutrition Program has resources and programs to help child care providers implement healthy eating and active play strategies to help Alaska's young kids be healthy, ready to learn, and grow up at a healthy weight.</li> </ul>	Diane Peck, Early Care & Education Coordinator, DHSS Physical Activity & Nutrition Unit diane.peck@alaska.gov		
			<b>US Census Bureau:</b> Statistics in Schools brings school subjects to life using real-world Census Bureau statistics to create materials and activities for use at all grade levels. More than 100 activities will spotlight the 2020 Census and the importance of making sure everyone is count- ed especially our children. Responses to the 2020 Census will drive decisions on the annual allocation of more than \$675 billion in federal funds to states and communities -including money for school programs and services that will most impact our children, such as Title 1, special education, free and reduced lunch, and health care programs.	Keisha Lafayette Partnership Specialist, Matanuska-Susitna Borough, Alaska US Census Bureau <u>Keisha.k.lafayette@2020census.gov</u>		
Families	Across Levels	3-5, 5-8	<b>Engaging Families with Informational Text with PBS KIDS and Molly of</b> <b>Denali</b> PBS KIDS Family and Community Learning (FCL) engages families in hands-on learning through creative play in community settings, including libraries. Over four workshops, children ages 3-8 and grown-ups are introduced to tolls to develop knowledge, practices, and perspectives while fostering collaboration, communication, and problem-solving skills. This session will provide hands-on experience with the latest FCL, featur- ing the PBS KIDS series Molly of Denali, which encourages families to engage with and create their own informational texts.	Stephanie McFadden-Evans, Community Engagement Advisor, Alaska Public Media smcfadden@alaskapublic.org	50	Willov
			How to Become a CDA PD Specialist. <sup>™</sup> This session will provide an in-depth overview of the eligibility require- ments, roles and responsibilities, application process in becoming a CDA PD Specialist. <sup>™</sup>	Anna Castillo Site Manager, CU1 Little 1 Learning Center, castilla@cu1.org	40	Birch
			This session is repeated Friday, 1:30-3:00 in the Birch and on Saturday, 1:30-3:30 in the Birch.	Brandy Graham, Education Coordinator, Providence Child Development Center		
Teachers	Across Levels	Birth-3	Your Role When Working with Infants & Toddlers For infants and toddlers, all learning happens within the context of their relationships with important adults in their lives. Education staff working with infants and toddlers use effective teaching practices to: 1) establish strong relationships with young children and their families; 2) create learning environments hat foster children's trust and emotional security and respond to their interests and needs and; 3) support and extend children's learning in responsive ways. This workshop will provide information and resources that participants can implement immediately within their practice working with infants and toddlers. This session is repeated on Saturday, 10:45-12:15, in the Willow.	Brandy.graham@providence.org Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Asper Spruc
Families	Across Levels	Birth-3, 3-5	Exploring Ways to Engage Families in the Digital Age Ever feel like parent engagement is a one-way street? Come unpack the ways that family engagement is changing in the digital age. You'll learn innovative methods to start or strengthen your outreach through digital media to parents to help them better support the education of their child at home. We'll explore best practices and strategies you can take surrounding newsletter, email, text messaging, and social media, as informed by Alaska-based research on the needs of parents and their communication preferences.	Amie Collins, Communications Director, Best Beginnings, acollins@bbalaska.org Stephanie Schott, Early Literacy Director, Best Beginnings, sschott@bbalaska.org	50	Lupin

NAEYC	LEVEL	AGE	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
STANDARD		GROUP	Thursday, February 6th 1:30-3	-00		
			Networking/Collaboration Rooms If you would like to reserve either of these rooms to use for networking or collaboration please see Christie at the upstairs Registration Desk.		18	Prince William & Cook Inlet
			Thursday, February 6th 3:15-4	:45	· · · ·	
Curriculum	Across Levels	All	MORE! GALORE! EXPLORE with SOUND, STORY and MOVEMENTI!! Our goals are healthy children in families, schools, cultures and communities. Our mission is to help young ones use sounds, stories and movements to develop their potential with play to act in our world. Music, dance and storytelling help kids connect to parent/teacher role models with life lessons to share. Play begins at home and education begins with family activities. We use percussion instruments and performing arts techniques to engage children in collaborative skits. These explore lessons about taking care of ourselves, friends and family. Ideas, topics and themes are woven into a tale that has movement and music/sound components. The story concludes with a group resolution to the plot situation. We spark the hearts and minds of little ones and they return that creative energy tenfold! No expe- rience necessary! Your heartbeat and smile is all we need! Join us to share common ground that nurtures amazing kids! This is an active, hands-on workshop and your age may flow from preschool to where you are now! Good humor is an integral part of what we do. Laughter is FUNdamental and included for free! This presentation is repeated on Saturday, 8:30-10:30, Aleutian.	Eddie Wood, Performing Artist/Education Consultant, Homer, AK rumbalaska@yahoo.com	50	Aleutian
Teachers	Across Levels	All	<b>No Small Matter</b> (Film) Join thread for a screening of No Small Matter—the early child- hood education film taking the nation by storm! No Small Matter is a feature-length documentary film and national engagement campaign that explores the importance of the first five years, and how quality early care and education could make or break Ameri- ca's future. Stay to meet Rachel Giannini, the film's featured teacher, and the Alaska Early Childhood Advocacy Group (AECAG) and get inspired to join the early childhood education advocacy movement! Session time is from 3:15-5:00. This session is repeated on Friday, 3:15-5:00 in the Aleutian.	Rachel Giannini, Childhood Specialist, Early Childhood Advocate, Video Blog Host Chicago, IL Giannini.rachel@gmail.com Jenni Pollard, Chief Marketing & Development Officer, thread, jpollard@threadalaska.org Alaska Early Childhood Advocacy Group AECAG	100	Denali
Teaching	Emerging	Across Age Grade Spans	<b>The Nature of Learning About Nature: Fostering the Inquiring</b> <b>Mind</b> Observations are the cornerstone of inquiry learning. Young Children are quick to ask any number of questions about what they observe, but are we too quick to answer them? Observa- tions are the cornerstone of inquiry learning. Find out how you can draw out their observation in nature using early science com- munication from desk top to tree trop activities. Let Fish & Game educators help you make student connections that will enhance their learning and foster those inquiring minds.	Sierra Doherty, Regional Educator, SOA Alaska Dept. of Fish & Game, Palmer, Alaska sierra.doherty@alaska.gov Samantha Blumenkonig, Naturalist, Eagle River Nature Center, russell.rabbits@gmail.com	50	King Salmon
Leadership & Manage- ment	Across Levels	All	First 3 years of Learn & Grow: Using Data to Inform How Will We Grow. This session is for participating Learn & Grow programs. Learn & Grow is beginning an evaluation process. In this session, present- ers will provide an overview of the first 3 years of Learn & Grow data. Second, presenters will facilitate discussion among partici- pants about using this data, while hearing from them, to deter- mine what could help their program stay engaged and successful with continued participation in Learn & Grow.	Meghan Johnson, Learn & Grow Director, thread, mjohnson@threadalaska.org David Tarcy, Consultant, Alaska Research & Evaluation, pdt205@nyu.edu	50	Katmai

**T**omorrow, children will remember the lively memories you help create today.



### April 13-17, 2020

#### The Week of the Young Child

is an annual celebration hosted by the

National Association for the Education of Young Children (NAEYC). The purpose of WOYC is to focus public attention on the needs of young children and their families and to recognize the early childhood programs and services that meet those needs.



#### Music Monday! April 13, 2020

Sing, dance, celebrate, and learn

When children sing, dance, and listen to music, they develop their language and early literacy skills while being active and encouraging movement. Make up and record your own unique version of a song, or write your own and share it on NAEYC's Facebook page or post to Twitter using the hashtag #woyc20.

Try this: Find the beat to connect music, movement and math. Practice clapping, drumming, or stomping to the



#### Tasty Tuesday April 14, 2020

beat of the music while counting.

Healthy eating and fitness at home and school

This fun, food-themed day is more than just cheese and crackers. Cooking together connects math with literacy skills, science, and more. With the rise in childhood obesity, you can encourage healthy nutrition and fitness habits at home and in the classroom. Create your own healthy snacks and share the recipes and photos of your creations on NAEYC's Facebook page or post to Twitter using the hashtag #woyc20.

Try this: Measure your ingredients while making your snacks! Ask children if they'd like the same or different amount of each ingredient.



#### Work Together Wednesday April 15, 2020

Work together, build together, learn together

When children build together they explore math and science concepts and develop their social and early literacy skills. Children can use any building materials — from a fort of branches on the playground to a block city in the classroom, or a hideaway made from couch pillows at home. Build and share pictures of children's creations on NAEYC's Facebook page or post to Twitter using the hashtag #woyc20.

Try this: Practice organizing blocks by size! Try building a block tower with large blocks on the bottom and little blocks on top!

#### Artsy Thursday April 16, 2020 Think, problem solve, create

Children develop creativity, social skills and fine muscles with open-ended art projects where they can make choices, use their imaginations and create with their hands. On Artsy Thursday celebrate the joy and learning children experience when engaged in creative art making. Use any materials—from crayons to paint, clay to crafts! Create and share photos of your children's creations on NAEYC's Facebook page or post to Twitter using the hashtag #woyc20.

Try this: Bring art outdoors! Offer dark and light paper, chalk and pastels, and suggest children create their own versions of the day and night sky.

Sharing family stories



ARTSY THURSDAY

#### Family Friday April 17, 2020

Engaging and celebrating families is at the heart of supporting our youngest learners. NAEYC applauds family members' role as young children's first and most important teachers. Share pictures and stories about your family on NAEYC's Facebook page or post to Twitter using the hashtag #woyc20 as we celebrate the unique role families play in their children's learning and development.

Try this: Invite parents for a Family Friday breakfast, where children can prepare and share breakfast treats with their families!

### Conference Events JOIN THE FUN

### NAEYC/Local Alaska Affiliates Members Lounae

#### Dillingham Room—Thursday-Friday-Saturday

NAEYC members-their very own member lounge! Members are able to learn what's new in NAEYC membership, grab snacks, have access to special giveaways, and chat with Anchorage AEYC Board & Committee Members. We look forward to seeing you there!



### All Conference Attendees Invited

Exploring Alaska's backyard... "Kindness Rocks" Dillingham Room 12:00-1:00 Daily

Come to the membership room 12:00-1:00 to make an inspiring design or place an encouraging word and/or message on a rock. We will have all the supplies for you to design your rock. The rock is yours to keep.

We will have a limited supply of rocks on hand. If you are able to bring one in for yourself or one for another conference attendee, it would be greatly appreciated.

> A Night at the Anchorage Museum With Early Childhood Professionals Friday, February 7, 6-9 PM

Enjoy a free night at the Anchorage Museum. Visit the children's museum, open galleries, after-hours programming, live music and more.

Visit the Anchorage AEYC Booth, the Molly of Denali exhibit, Alaska Public Media and more in the Atrium area.

Free transportation from Hilton Hotel to Museum for event. Check at Registration Desk for details.

Bring your family! Invite your friends too!



Eddie Wood 6:30-7 PM Molly of Denali 7-8:30 PM





NAEYC Annual Conference

Anaheim, CA — November 4-7, 2020

### Professional Learning Institute

Thousands of early childhood education administrators, trainers, and directors will connect, be inspired, and gain new insights to lead and empower the early learning profession. New Orleans, LA — June 7-10, 2020

### NAEYC Week of the Young Child

April 13-17, 2020







curiosity unleashed! c, technology, engineering, arts, and math in early education st Alaska AEYC Symposium | Juneau | March 12-14, 2020

Interested in presenting? Email info@aeyc-sea.org www.aeyc-sea.org

Anchorage Association for the Anchorage Association for the Education of Young Children



Through the Years....Celebrating Where We've Been, Where We're Going, and Where We Are!

### Funds raised support the Anchorage AEYC Early Childhood Education Scholarship Fund:



Silent Auction

### Thursday-Saturday 9:00 a.m.-2:55 p.m.





Bid on your favorite items. The Anchorage AEYC annual Silent Auction supports funds for Anchorage AEYC Early Childhood Education Scholarships. 100% of funds go toward the scholarships. New items each day.

#### Amazon

Go to http://smile.amazon.com/ to start your Amazon Shopping

process. Enter "Anchorage Association for the Education of Young Children" in the "pick your own charitable organization" space to choose Anchorage AEYC.



### Bagoy's Florist Helping Hands

Through Bagoy's Helping Hands program, you can elect to have \$5.00 of each online purchase donated to Anchorage AEYC by selecting it from the Helping Hands menu on the order page. Visit: www.bagoys.com

When you shop at Amazon, Bagoys or Fred Meyers **Anchorage AEYC earns donations!** Thanks for supporting Anchorage AEYC!



#### Fred Meyers **Fred**Meyer



Help Anchorage AEYC Earn Donations Just By Shopping with Your Fred Meyer rewards Card! You must sign up annually!

Here's how the program works: Sign up for the Community Rewards program linking your Fred Meyer Rewards Card to Anchorage Assn. for the Education of Young Children at www.fredmeyer.com/communityrewards. You can search for us by our name or by our non-profit number **#YN444**.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Thursday, February 6th 3:15-4	:45		
Curriculum	Across Levels	3-5	Play-Based Curriculum: Integrating Content and Skill Development at the Anchorage Museum Get an insider look at the Anchorage Museum's play-based cur- riculum for toddler programming. Explore activities from one of our Blink Workshops, which provide in-depth play-based content centered around a specific theme for children ages 18 months to 5 years. Activities are designed to foster skill development im- portant for young learners including sensory development, fine motor, gross motor, and early math skills. We will also discuss how Anchorage Museum workshop curriculum is designed to include soft skill development in addition to building content knowledge all while supporting learner choice.	Grace Graham, Educator, Anchorage Museum, ggraham@anchoragemuseum.org Christine Cassidy, Educator, Anchorage Museum, ccassidy@anchoragemuseum.org	50	Willow
Teaching	Emerging	3-5	Fun with Stories, Language and Literacy—Ages 3-5 Join me for some entertaining draw-n-tell stories, and theme based stories. Learn how to create felt board stories and make books too.	Tracy Breimo, Associate Administrator, Anchorage Head Start Family Advocate, RurAL CAP Child Development Center, tbreimo@ruralcap.com	40	Birch
Teachers Across Levels	Birth-3	<b>Engaging in Effective Interactions with Infants &amp; Toddlers</b> All interactions an educator has with children can influence how children learn, grow and feel about themselves. Positive, inten- tional and reciprocal (back and forth) interactions contribute to best outcomes for children. Children are happier, healthier, more confident, and excited to learn when adults nurture relationships and interactions. In this workshop, you will gain knowledge on how responsive, warm and supportive interactions between care- givers and children build the foundation for learning and how to plan and implement effective strategies on responding to, com- municating with, and supporting children's learning. This session is repeated on Saturday, 1:30-3:30 in the Willow.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	75	Aspen/ Spruce	
			<b>Networking/Collaboration Rooms</b> If you would like to reserve either of these rooms to use for networking or collaboration please see Christie at the upstairs Registration Desk.		18	Prince William & Cook Inle
Teaching	Across Levels	3-5	<b>Tools to Use for Self Regulating</b> Join us as we discuss several different ways to help children self-regulate by using visuals. We'll also talk about different programs available that address behavior management.	Darilyn Byram, Family Educator, CCS Head Start, Wasilla, AK dbyram@ccsalaska.org Aliz Heck, Associate Educator, CCS Head Start, Wasilla, AK aheck@ccsalaska.org	40	Lupine



There are three ways to ultimate success: The first way is to be kind. The second way is to be kind. The third way is to be kind. - Fred Rogers

### Won't You Be My Neighbor?

In Won't You Be My Neighbor?, Academy Award-winning filmmaker Morgan Neville looks back on the legacy of Fred Rogers, focusing on his radically kind ideas. While the nation changed around him, Fred Rogers stood firm in his beliefs about the importance of protecting childhood. Neville pays tribute to this legacy with the latest in this highly engaging, moving documentary portrait of an essential American artist.

Thursday, February 6th	3:15-4:45	Lupine
Friday, February 7th	3:15-4:45	Lupine
Saturday, February 8th	2:45-4:45	Lupine

## Friday, February 7, 2020

#### AGENDA IN DETAIL

<ul> <li>7:30-2:55 SILENT AUCTIONLobby down from Regist         Participate in the silent auction. Not only will you come away with terrific items, you will be giving someone else the         opportunity to attend the conference in the future. Proceeds support Anchorage AEYC scholarships fund.     </li> <li>7:30-4:45 VISIT THE EXHIBITORS</li> </ul>	nade
Participate in the silent auction. Not only will you come away with terrific items, you will be giving someone else the opportunity to attend the conference in the future. Proceeds support Anchorage AEYC scholarships fund.	ation
7:30-4:45 VISIT THE EXHIBITORS	
7:00-8:00 CONTINENTAL BREAKFAST A	aska
8:00-9:30 OPENING GENERAL SESSION Aleutian/A	aska
KEYNOTE: Dr. Rebecca Isbell "The Challenge of the 21st Century: Nurturing Young Children to be Creative	
Communicators, Collaborators and Critical Thinkers"	
The young children in your classroom today will be living in a very different world in their future. It will be filled with advanced	
technology, innovative jobs, and expanded responsibilities that we have never heard of today. How can we help and prepare	
children for these new challenges, expanded opportunities, and innovative ways of solving problems? Explore how to enhance	
environment, inspire children's unique ideas, and value their amazing creations. Both you and your children will benefit from th enriched possibilities that will occur when you integrate the 4'c into your fabulous classroom.	
Please remain seated until the session concludes. Premature departures disturb closing remarks and announcements considered import	nt to
other attendees. No workshop session will begin until the general session is over.	111 10
9:30-5:00 NAEYC/LOCAL ALASKA AFFILIATES MEMBER LOUNGE	ham
For NAEYC members—their very own member lounge! Become a member now and join us! Members are able to grab a snack	
relax & network, have access to special giveaways and speak with Anchorage AEYC board & conference members.	
Convince a friend to become a member and receive an extra door prize ticket!	
9:45-11:45 SEMINAR SESSIONS	
11:45-1:15 LUNCH ON YOUR OWN	
1:30-3:00 WORKSHOP SESSIONS	
3:15-4:45 WORKSHOP SESSIONS	
5:00-6:30 CONTINUING EDUCATION CREDIT CLASS REFLECTION & WRAP UPPrince William Board R	om

#### 6:00-9:00 SPECIAL EVENT: A Night at the Anchorage Museum

No additional charge. Join Anchorage join Anchorage AEYC at the Museum for a night of fun, hands-on and digital activities with Molly of Denali, music with Eddie Wood and more. Free transportation from Hilton to Museum. Check at Registration Desk.

	Friday: Session at a Glance									
NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM				
			Friday, February 7th 9:45-11:45							
Teaching	Across Levels	All	The Critical Period of Language Development: Exploring the Window of Opportunity The first five years of a child's life are a critical time for language to devel- op. This period provides "a window of opportunity" that will impact young children now and throughout their lives. How can you create a place where language is encouraged, conversations are supported, and books, stories, and songs are interwoven into meaningful language experi- ences. How can questions be posed, vocabularies expanded, and experi- ences be included that will inspire language growth. Discover ways to build a strong foundation while creating a rich language learning environ- ment to all children.	Dr. Rebecca Isbell, Motivational Speaker, Writer, Early Childhood Consultant, Jonesborough, TN drisbell.com@gmail.com	100	Aleutian				
Curriculum	Across Levels	3-5	From Chaos to Calm: 7 Secrets for Circle Time Success Tired of feeling like a peace keeper at circle time? Learn seven secrets to turn your circle times around. Based on research and many years of class- room experience, Jocelyn will demonstrate effective ways to tackle chal- lenges that may be standing in the way of learning and fun. This fast- moving breakout session is packed full of felt stories, songs, movement games and more. Participants will gain valuable skills to use when they return to their early learning sessions on Monday morning.	Jocelyn Manzanarez, Teacher, Trainer, Owner, Musically Minded, Maple Valley, Washington Jocelyn@musicallyminded.net	100	Denali				

You're a special person who can lovingly teach children to laugh at themselves.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Friday, February 7th 9:45-11:45			
Curriculum	Across Levels	Birth-3, 3-5	Building A Child's Foundation Through Finger Plays, Songs, Chants and Rhymes During this workshop you will have the opportunity to learn finger plays, songs, chants and rhymes and how they can be a big part of building a child's foundations for future learning. This will be an interactive workshop so come ready to sing and have lots of fun. This presentation is repeated on Saturday, 1:30-3:30 in King Salmon.	Bonnie Monson, Center Coordinator, CCS Early Learning, Wasilla bmonson@ccsalaska.org Neva Lancaster, Center Coordinator, CCS Early Learning, Wasilla nlancaster@ccsalaska.org	40	King Salmon
Assessment of Child Progress SEED	Emerging, Established	Birth-3	<b>Milestones in Action:</b> Supporting Child Development in Years 0-3 Come learn all about the physical, emotional, cognitive, and social development of children from birth to 3 years! All children pro- gress through predictable milestones. In this session we'll analyze videos and personal experience to practice tracking development, and discuss how we can support individual children's development in early care settings. If you've ever wanted to learn about assess- ments, and/or how they can support your teaching, come to this session.	Sydney Singer, Director of Staff and Program Devel- opment Boys & Girls Club - Alaska Anchorage, Alaska ssinger@bgcalaska.org Sarah Wright Director of Staff and Program Devel- opment Boys & Girls Club - Alaska Anchorage, Alaska swright@bgcalaska.org	50	Katmai
Families	Across Levels	All	<b>Gender Expression and Identity</b> Our role as educators is to create a safe and reflective space for children to develop their identities and to counterbalance gender stereotypes. In this session, we will learn about and discuss gen- der development in young children. We will also discuss a variety of ways to limit the perpetuation of gender stereotypes, and how to work with family members whoa re struggling with their chil- dren's gender non-conforming dress or behaviors.	Christina Eubanks, Executive Director, Hillcrest Children's Center, hillcreskak@gmail.com Samuel Ohana, Clinical Counseling Intern, Full Spectrum	50	lliamna
	Across Levels	Birth-3	Toxic Stress and it's Impact on Brain Development Unfortunately many children are growing up in environments where they experience toxic stress, stress that permeates day after day and does not go away. This toxic stress (death in the family, abuse in the home or neighborhood, lack of health care, etc.) has a direct impact on the brain's development, beginning as early as infancy. Through a hands on workshop we will explore what toxic stress is, how it impacts the brain's development, and touch on what we can do as educators to help children succeed in spite of toxic stress in their lives. This session is repeated on Saturday, 1:30-3:30 in the Spruce.	Jessica Peters, Professional Development Specialist Lakeshore Learning Materials, California jpeters@lakeshorelearning.com	40	Aspen
Curriculum	Across Levels	3-5	<b>Taste &amp; Touch Science</b> Join the food and fun of science in this taste and touch workshop. We'll provide easy, practical, fun ideas for classroom science ex- periments and cooking without a kitchen. Includes books and stories that connect to the projects, math concepts and related art activities. Ideas and recipes you can use tomorrow. We use every day materials and easy to follow instructions so students can be successful right away.	Raissa D'Antonio, Retired rdantonio@mhcinc.net Jackie Sparrow, Retired	40	Spruce

You teach children that with a warm touch of imagination life can have lots of bright, sunny days.





Please remember to wear your AAEYC Conference name badge!

It's Your Ticket for Lunch on Thursday & Saturday.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Friday, February 7th 9:45-11:45			
Curriculum	Across Levels	All	Fostering Creativity Without Breaking the Bank & Teaching While Tattooed—Ways to Add Simple and Cheap (Whoo=hoo) Come learn all the tips and tricks to enhance areas of your classroom without spending all of your cash. As a group we will examine three different explorations, breaking down the cost. This action-packed workshop is a mixture of lecture, discussion and gameshow yes, gameshow. As an added bonus you will hear how a single exploration has the power to change a child's life forever.	Rachel Giannini, Childhood Specialist, Early Childhood Advocate, Video Blog Host Chicago, IL Giannini.rachel@gmail.com	40	Birch
Teaching	Across Levels	3-5	Cultivating Mathematical Thinking in Young Children Cultivating Mathematical thinking in preschool children allows them to explore and understand the components of Mathemat- ics; geometry and spatial awareness, numbers and operations, measurement, data collection and analysis, and patterns. In this workshop you will 1) become familiar with each of the compo- nents of Math; 2) develop an understanding of the five process skills of Mathematics and; 3) learn how to intentionally and pur- posefully plan for children's Mathematical learning; how they use the environment, materials, group activities and daily experienc- es and routines.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Willow
			<b>Networking/Collaboration Rooms</b> If you would like to reserve either of these rooms to use for networking or collaboration please see Christie at the upstairs Registration Desk.		18	Prince Willian & Cook In
Relationships	Across Levels	Birth-3, 3-5, 5-8	Alaska's Early Childhood Statewide Plan: Your Input is Needed! You are invited to participate in a workshop hosted by Alas- ka's Early Childhood Joint Task Force and facilitated by Denali Daniels & Associates. This session is open to individuals work- ing in the early childhood system. The purpose of this meet- ing is to gather ideas and opinions from the people who make up the important components of the system. The responses we receive will help inform the new comprehensive, action- oriented, statewide strategic plan for early childhood in Alas- ka. This is your opportunity to provide input on this important plan! This session is a repeat of Thursday's 9:45-11:45 session in the Fireweed.	Denali Daniels & Associates Strategic Planning Consultants, Early Childhood Alaska denali@ddaalaska.com	40	Firewe
Community Relationships	Across Levels	All	Won't You Be My Neighbor? You're invited to re-discover the joy of Mister Rogers, and to screen the acclaimed film Won't You Be My Neighbor? for your community to help build connections between people and evoke Mister Rogers' values of compassion and kindness. In Won't You Be My Neighbor?, Academy Award-winning filmmaker Morgan Neville looks back on the legacy of Fred Rogers, focusing on his radically kind ideas. While the nation changed around him, Fred Rogers stood firm in his beliefs about the importance of protect- ing childhood. Neville pays tribute to this legacy with the latest in this highly engaging, moving documentary portrait of an es- sential American artist. This session is offered each morning of the conference in the Lupine.	Facilitator: Anchorage AEYC Board or Conference Committee	40	Lupino
			Friday, February 7th 12:00-3:00			
			Alaska's Tri-AFYC Affiliates Meeting Alaska's Tri-Affiliates—Anchorage AEYC, Southeast Alaska AEYC, Northern Interior Alaska AEYC—Annual Face-to-Face Meeting	Facilitator: Joy Lyon, M.A. Executive Director, AEYC Southeast Alaska, Juneau	18	Prince Willian

You give a loving example to children of what's important in life. Be proud of the caring talents you have.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Friday, February 7th 1:30-4:45			
Curriculum	Across Levels	Across Age Grade Span	My Thoughts Are Important, But What About You? Supporting Social Communication and Social Thinking in the Early Years Theory of mind (perspective-taking) is an important skill for young learners but can be difficult for individuals with autism. Our thoughts and actions around others can positively or negatively impact our relationships with peers and adults, so it is essential to explicitly teach these skills at a young age. This session will ex- plore essential social thinking and social communication skills for play and in the classroom, including curricular resources and strat- egies for supporting young learners at home or in school.	Kendra Wolfe, Education Specialist—Autism, Special Education Service Agency, kwolf@sesa.org Aimee Smith, AARC Program Coordinator, Education Specialist—Autism Re- source Specialist, Alaska Autism Resource Center, asmith@sesa.org	50	Firewee
			Friday, February 7th 1:30-3:00			
Health	Emerging Professions	3-5	<b>I'm Moving, I'm Learning</b> This workshop explains the "why" and importance behind large motor movement in the learning process of preschoolers. This is an interactive workshop incorporating materials that are already in the classroom. There will also be a nutrition section with songs and movements to help kids learn healthy eating habits.	Linda Duke, AE, CCS Head Start, Wasilla, justusdukes@gmail.com Summer Frank, AE, CCS Head Start, Wasilla, summerfrank@icloud.com	100	Aleutia
Curriculum	Across Levels	Birth-3	Brilliant Beginnings Start with Music Learn how to tap into the power of music with your little ones in this hands-on, high-energy session. Jocelyn will share simple rhymes, songs, and movement games that foster bonding, body awareness, communication skills and more. All of which benefit a baby's quickly developing brain.	Jocelyn Manzanarez, Teacher, Trainer, Owner, Musically Minded, Maple Valley, Washington Jocelyn@musicallyminded.net	50	Denali
Teaching	Across Levels	All	Free STEM Kits for Educators This presentation will show you how to take advantage of the free STEM kids available from Civil Air Patrol as well as unique ways to teach multiple subjects with the STEM kits. We will also go over all the benefits of the program for you as educators as well as your students. Easy STEM activities to make and take to share with your students will also be shared. This presentation is a repeat of Thursday's 1:30-3:00 presentation and will be repeated Saturday, 10:45-12:15.	Lynda MacPherson, Director of Aerospace Education and STEM, AK Civil Air Patrol 605271@akwg.cap.gov	50	King Salmon
Teachers	Across Levels	Across Age Grade Spans	<b>ECE—It's a Male Thing!</b> This workshop will explore the various reasons that an estimated 38% of the early childhood workforce is male—and lead to a discussion about strategies we all can implement to help increase this number!	Mark Lackey Executive Director, CCS Early Learning, Wasila, Alaska mlackey@ccsalaska.org Dirk Shumaker, Executive Director, Kids Corps, Inc. dirk@kcialaska.org	50	Katmai
	Across Levels	Birth-3	<b>Developing Self-Regulation Skills Through Play</b> Self- regulation skills are directly linked to a child's ability to learn. The early childhood years are critical in developing self-regulation skills and teaching children how to learn, so they are ready to succeed in elementary school and beyond. Through the lens of Lev Vygotsky's theories on self-regulation development this hands on workshop will explore the definition of self-regulation and how to support its development through play. This session is repeated on Saturday, 1:30-3:30 in the Spruce.	Jessica Peters, Professional Development Specialist Lakeshore Learning Materials, California jpeters@lakeshorelearning.com	40	Aspen
			Lower Yukon School District Special Gathering This room is reserved for a special gathering of Lower Yukon School District staff.	Sandra Main, Facilitator, Lower Yukon School District	18	Cook Inlet

Take a bow for teaching children to find success in the small triumphs they'll achieve on life's journey.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Friday, February 7th 1:30-3:00			
	Across Levels	All	<b>Snapshot Session</b> This round-table session offers a short description from below agencies that will help inform you of who they are and what they offer to you as an early childhood educator.	JJ Harrier, Director of Marketing, thread, jharrier@threadalaska.org	40	lliamna
			<b>thread</b> —Find out about thread's services for early educators & programs. Take an interactive walk through thread's website and learn valuable opportunities in training, grant and funding support, on-site services, marketing & technical assistance. Bring your	UAA Representative		
			questions and feedback. <b>UAA</b> - Considering taking classes or earning your degree at the University of Alaska Anchorage? Don't miss this special session. Learn about: -Degree and program options such as an AAS, BA and Med -Face-to-face and distance classes - Facts/myths about UAA's Early Childhood Education program	Anchorage AEYC Board Members		
			Get your degree questions answered! <b>Anchorage AEYC Board</b> —Whether you want to learn more about play, take on a leadership role, dive into public policy and advocacy, advance your career through professional development, or connect with NAEYC's digital Interest Forum platform, Hello, we will be available to discuss how NAEYC can help you advance your professional goals.			
Health	Across Levels	3-5	Healthy Eating and Physical Activity Just Got Easier! Bring a bag to this session because you're going to leave with lots of new resources! The Alaska Physical Activity and Nutrition Pro- gram has new initiatives to make it easier for you to provide a healthy environment for your young children. Put national nutrition and physical activity standards into action with "Go NAPSACC". Become a "Breastfeeding Welcomed Here" child care site and get free advertising for new parents. Get new posters, handouts and ideas for increasing active play and reducing sugary drinks in young children from the Alaska "Play Every Day" program. Learn how to get funding and other cool resources to help you make healthy changes at your site. This session is repeated on Saturday, 8:30-10:30 in the Spruce.	Diane Peck, ECE Coordinator, AK Dept. of Health & Social Services diane.peck@alaska.gov	40	Spruce
			How to Become a CDA PD Specialist. <sup>™</sup> This session will provide an in-depth overview of the eligibility requirements, roles and responsibilities, application process in becoming a CDA PD Specialist. <sup>™</sup> This session is offered on Saturday, 1:30-3:30 in the Birch and is a	Anna Castillo Site Manager, CU1 Little 1 Learning Center, castilla@cu1.org Brandy Graham,	40	Birch
			repeat of Thursday's 1:30-3:00 session.	Education Coordinator, Providence Child Development Center Brandy.graham@providence.org		
Teachers	Across Levels	All	Working with Challenging People This workshop is designed to assist participants working with chal- lenging people. Information will be provided in developing effec- tive communication skills, responding proactively and understanding levels of maturity. Participants will gain insights that will be of im- mediate, practical use in their everyday working life, regardless of their personal approach and educational background.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Willow
Families	Across Levels	3-5	<b>Promoting Play in the Classroom and at Home</b> Besides reading, play is one of the best ways to encourage literacy development. While we can create play opportunities in the class- room, but how do we encourage caregivers to explore various types of play with their children? We will discuss strategies participants can use during their interactions with young children to support learning through play and share resources likes newsletters, videos, and activity guides that work for the classroom and at home.	Stephanie Schott, Early Literacy Director, Best Beginnings, sschott@bestbeginningsalska.org	40	Lupin

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Friday, February 7th 3:15-4:45			
Teachers	Across Levels	All	<b>No Small Matter</b> (Film) Join thread for a screening of No Small Matter—the early child- hood education film taking the nation by storm! No Small Matter is a feature-length documentary film and national en- gagement campaign that explores the importance of the first five years, and how quality early care and education could make or break America's future. Stay to meet Rachel Giannini, the film's featured teacher, and the Alaska Early Childhood Advoca- cy Group (AECAG) and get inspired to join the early childhood education advocacy movement! Session time is from 3:15-5:00. This film/session is a repeat of Thursday's, 3:15-5:00 showing in the Aleutian.	Rachel Giannini, Childhood Specialist, Early Childhood Advocate, Video Blog Host Chicago, IL Giannini.rachel@gmail.com Jenni Pollard, Chief Marketing & Development Officer, thread, jpollard@threadalaska.org Alaska Early Childhood Advocacy Group (AECAG)	100	Denali
Community Relation- ships	Emerging	All	<b>Explore New Child Care Assistance Policies for Family Services</b> <b>and Reimbursements</b> With the ever changing and evolving program regulations for family eligibility and provider reimbursement, come learn what's new. You have questions; we have answers for your family participants and you, the provider.	Colleen Vague, Program Manager, Alaska Family Services, CCAP– Municipality of Anchorage colleen@akafs.org Dakota Noe, ET, Provider Specialist, Alaska Family Services, CCAP– Municipality of Anchorage	50	King Salmon
Teaching	Across Levels	Across Age Grade Span	<b>Play Through the Seasons in Alaska</b> We will explore the many creative ways to play outside in the cold months and learn the benefits of nature in your Early Child Care Program. Teaching children about nature should be treat- ed as one of the most important events in a young child's life. When you enter your classroom following this session you will have a new lens on the importance of gross motor, plan daily scheduled time in nature, how to change challenges into solu- tions and create more JOY for the children in your care and yourself. Are you ready to PLAY?	Dakotan@akafs.org Vanessa Plourde-Smith, Professional Development Specialist thead, vsmith@threadalaska.org	50	Katmai
Teachers	Across Levels	Adult Learners	Outcomes of the 2019 Wage and Compensation Survey of Alaska's Early Childhood and School-Age Workforce Explore and contemplate the findings and recommendations from the Alaska Early Childhood (EC) and School-Age (SA) Educator Wage and Compensation Survey conducted by Johns Hopkins University IDEALS Institute in 2019. This comprehen- sive survey has resulted in the proposed model, "C3 Alaska: Alaska's Commitment to Compensation and Competency" to assist Alaska with meeting three goals of improving the equity of EC and SA educators' compensation, quality of practice, and retention in the field.	Panu Lucier, SEED Director, thread plucier@threadalaska.org	40	lliamna
Teaching	Emerging, Established	Birth-3, 3-5	<b>Exploring Early Literacy: Background Knowledge as</b> <b>Foundation</b> A critical component of early literacy is background knowledge, which is the sum of a child's experience with the world around them. Background knowledge helps children to understand the meanings of words and make sense of what they are reading. At this session, learn how you can help support the background knowledge skills of the children in your care and help get them ready to read.	Samantha Blanquart, Early Literacy Outreach Librarian, Read to Read Alaska, Z.J. Loussac Library, samantha.blanquart@anchorageak.gov	40	Aspen

When you help young hands create, you free minds and hearts from stereotypes into which the world would lock their spirit.

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Friday, February 7th 3:15-4:45			
Physical Environment	Emerging	3-5	Setting the Stage for Learning: Room Arrangement as a Teaching Strategy During this training you will have time to reflect on your current classroom environment. We will analyze the basic needs of young children, think about how you can make your classroom more developmentally appropriate and consider the positive messages in your environment that can help support teaching and learning.	Janene Lovelace, Professional Development Specialist, thread, jlovelace@threadalaska.org	40	Spruce
Teaching	Emerging	School- Age	<b>1-2-No More Math Blues!</b> Algebra in kindergarten? Absolutely! This hands-on workshop is designed for the math teacher who never liked math. We will review the current research on how children develop mathematical understandings and explore fun ways to increase our students' numerical fluency setting them up for future success.	Jeani Stoddard, Special Pops Coordinator, San Vicente ISD, Big Bend National Park, TX jstoddard@svisd.com	40	Birch
Teachers	Across Levels	All	Lowering Stress and Maintaining Motivation Developing effective stress management skills can go a long way toward improving the work environment and can also have a significant positive impact on maintaining staff motivation. Working with Aesop's fable "The Goose with the Golden Egg", participants will learn techniques staff can implement to lower stress and maintain both physical and mental health.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Willow
			<b>Networking/Collaboration Rooms</b> If you would like to reserve either of these room to use for networking or collaboration please see Christie at the upstairs Registration Desk.		18	Prince William
			Lower Yukon School District Special Gathering This room is reserved for a special gathering of Lower Yukon School District staff.	Sandra Main, Facilitator, Lower Yukon School District	18	Cook Inlet
Teaching	Across Levels	Across Age/ Grade Spans	<b>The ABC's and 123's of Trauma Informed Care</b> This workshop will explore trauma 101 in an early childhood setting. Participants can also expect to engage in powerful discussions that focus on trauma-sensitive approaches, skill building and self-care.	Tabatha Peterson, Program Director, CCS Early Learning, Wasilla, Alaska tpeterson@ccsalaska.org	40	Lupine

A Night at the Anchorage Museum With Early Childhood Professionals

Friday, February 7, 6-9 PM

It's Free! It's Fun!

Enjoy a free night at the Anchorage Museum. Visit the children's museum, open galleries, after-hours programming, live music and more.

Visit the Anchorage AEYC Booth, the Molly of Denali exhibit, Alaska Public Media and more in the Atrium area.

Bring your family! Invite your friends too! You do not have to be registered for the conference to attend!



Eddie Wood 6:30-7 PM



Molly of Denali 7-8:30 PM

Free transportation from Hilton Hotel to Museum for event. Check at Registration Desk for details.

## Saturday, February 8, 2020

### AGENDA IN DETAIL

7:00-8:00	CONTINENTAL BREAKFAST Alaska
7:30-1:00	REGISTRATION/INFORMATION DESK OPENPromenade
7:30-5:00	NAEYC/LOCAL ALASKA AFFILIATES MEMBER LOUNGEDillingham
	For NAEYC members—their very own member lounge! Become a member now and join us! Members are able to grab a snack, relax & network, have access to special giveaways and speak with Anchorage AEYC board & conference members.
	Convince a friend to become a member and receive an extra door prize ticket!
7:30-2:55	SILENT AUCTION Lobby down from Registration
	Participate in the silent auction. Not only will you come away with terrific items, you will be giving someone else the opportunity to attend the conference in the future. Proceeds support Anchorage AEYC scholarships fund.
7:45-8:15	GENERAL SESSION—Welcoming Only—No Keynote
7:30-4:45	VISIT THE EXHIBITORS
8:30-10:30	SEMINAR SESSION
10:45-12:15	SEMINAR SESSION
12:15-1:15	LUNCH ON SITEAleutian/Alaska
1:30-3:30	SEMINAR SESSION
3:45-5:15	CLOSING KEYNOTE Aleutian/Alaska
	KEYNOTE: Dr. Rebecca Isbell "The Stories Behind the Humor: Smile, Laugh, and Be Happy!"

When we work with young children, there are many instances that make us laugh. These special moments can provide a stress break, a shared fun moment, and build positive relationships. These happenings can also help us understand children's development, how they think, and what they find amusing. Join in the fun while learning about the amazing abilities of young children!

			Saturday: Sessions at a Gla	nce		
NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Saturday, February 8th 8:30-3:30			
			<b>Lower Yukon School District Special Gathering</b> This room is reserved for a special gathering of Lower Yukon School District staff.	Sandra Main, Facilitator, Lower Yukon School District		Top of the World
			Saturday, February 8th 8:30-10:30			
Curriculum	Across Levels	All	MORE! GALORE! EXPLORE with SOUND, STORY and MOVEMENT!!! Our goals are healthy children in families, schools, cultures and communities. Our mission is to help young ones use sounds, stories and movements to develop their potential with play to act in our world. Music, dance and storytelling help kids connect to parent/teacher role models with life lessons to share. Play begins at home and education begins with family activities. We use percussion instruments and performing arts techniques to engage children in collaborative skits. These explore lessons about taking care of ourselves, friends and family. Ideas, topics and themes are woven into a tale that has movement and music/sound components. The story concludes with a group resolution to the plot situation. We spark the hearts and minds of little ones and they return that creative energy tenfold! No experience necessary! Your heart- beat and smile is all we need! Join us to share common ground that nur- tures amazing kids! This is an active, hands-on workshop and your age may flow from preschool to where you are now! Good humor is an integral part of what we do. Laughter is FUNdamental and included for free! This presentation is a repeat of Thursday's 3:15-4:45 presentation.	Eddie Wood, Performing Artist/Education Consultant, Homer, AK rumbalaska@yahoo.com	50	Aleutia
	Across Levels	All	The Power of Play: The Essential Element of Young Children's Learning Young children are active learners who need meaningful, play opportunities to gain understanding of their world. However, many current studies indicate that young children are spending less time in play and suffering with negative consequences labeled as "play deficit." Examine how play experiences provide opportunities for making choices, have interactive conversations, and learn to work with others. Investigate how language, collaboration, persistence, and empathy are developed as young children participate in engaged play. Discover how playing with ideas and materials can nurture creative thinkers and problem solvers. Explore play environ- ments that provide intriguing possibilities that support and challenge young children's growing capabilities.	Dr. Rebecca Isbell Motivational Speaker, Writer, Early Childhood Consultant, Jonesborough, TN drisbell.com@gmail.com	100	Denali

	Saturday: Sessions at a Glance							
NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM		
			Saturday, February 8th 8:30-10:30					
Leadership & Management	Established	Across Age Grade Span	If You're Happy and You Know It: Creating a Positive Program Culture Are you an ECE leader? DO you love going to work each day? Do your coworkers? What is your workplace culture? What role does Leadership play in establishing the culture of an organization? Need help defining your program's culture? Want to help evolve the culture of your program? Please join us as we take a look at organizational culture. We will help determine what your culture is and create a plan for how to improve upon what you have. Learn and share with other early childhood leaders.	Jen Clark, Consultation Director, thread, jclark@threadalaska.org	50	King Salmon		
Teaching SEED	Emerging, Established	3-5	More than Counting—A Playful Math Approach Mathematical understanding in the early years is a strong predictor of academic success in later schooling. However, research shows that math is a topic some teachers find stressful and difficult to teach. Come to this training to explore how you might set up mathematically playful learning environments which engage chil- dren, and inspire you to try some playful math ideas—stress free!	Sydney Singer, Director of Staff and Program Development Boys & Girls Club - Alaska Anchorage, Alaska ssinger@bgcalaska.org Sarah Wright Director of Staff and Program Development Boys & Girls Club - Alaska Anchorage, Alaska swright@bgcalaska.org	50	Katmai		
Curriculum	Across Levels	All	<b>Learning Theory 101</b> Learning theories are used to describe a particular framework of thought on how children develop knowledge. This session will provide an introduction to various theorists and the corresponding philosophy for how they believe children learn best.	Cassie Hulse, Education & Training Director, thread, chulse@threadalaska.org	40	lliamna		
Physical Environment	Across Levels	Birth-3	<b>Child-Focused Learning Environments for Infants &amp; Toddlers</b> This session is designed for infant, toddler and two's teachers as well as administrators of programs that serve this population. It will focus on how to create a developmentally appropriate physical environment (indoor and outdoor) including materials, health and safety, appropriate activities and teacher interactions.	Donna Wade, Quality Services Director, thead, Dwade@threadalaska.org	40	Aspen		
Health	Across Levels	3-5	Healthy Eating and Physical Activity Just Got Easier! Bring a bag to this session because you're going to leave with lots of new resources! The Alaska Physical Activity and Nutrition Pro- gram has new initiatives to make it easier for you to provide a healthy environment for your young children. Put national nutri- tion and physical activity standards into action with "Go NAP- SACC". Become a "Breastfeeding Welcomed Here" child care site and get free advertising for new parents. Get new posters, handouts and ideas for increasing active play and reducing sugary drinks in young children from the Alaska "Play Every Day" pro- gram. Learn how to get funding and other cool resources to help you make healthy changes at your site. This session is a repeat of Friday's 1:30-3:00 presentation in the Spruce.	Diane Peck, ECE Coordinator, Alaska Dept. of Health & Social Services diane.peck@alaska.gov	40	Spruce		
Teaching	Across Levels	Across Age Grade Spans	Teach Me To Learn! Inclusive Learning Supports for Young Learners with Autism Some of our learners need additional supports to develop skills and to figure out how to learn. This session will focus on evi- dence-based teaching strategies for supporting learners in both acquiring new skills and reducing problem behaviors that may interfere with learning. The focus will be on determining the target skills, breaking down what is influencing the child's cur- rent ability and choosing appropriate strategies to foster learn- ing and growth in a variety of curriculum domains. This session will include lecture and interactive application activities.	Aimee Smith, AARC Program Coordinator, Education Specialist, Autism Resource Specialist, Alaska Autism Resource Center, asmith@sesa.org	40	Birch		

NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Saturday, February 8th 8:30-10:30	)		
Teachers	Across Levels	Birth-3	<b>Developing Effective Environments for Infants and Toddlers</b> A well-designed environment is, of course, safe for infants and toddlers but, more than that, it supports their emotional well-being, stimulates their senses, and challenges their motor skills. A quality design aims to create a classroom that is highly functional, aesthetically attractive, age-appropriate, child- directed, and teacher-supported. In this workshop, information will be shared on effective settings, materials and equipment that give infants and toddlers many opportunities to challenge themselves through seeing, touching, feeling, and moving in surroundings that are safe to explore freely. This session is a repeat of Thursday's 9:45-11:45 presentation in the Willow.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Willow
			<b>Networking/Collaboration Rooms</b> If you would like to reserve either of these rooms to use for networking or collaboration please see Christie at the upstairs Registration Desk.		18	Prince William & Cook Inle
Teaching	Emerging	Birth-3, 3-5	<b>Building Classroom Foundations</b> - <b>Presented in Spanish</b> Set your classroom up for success by learning how to: 1) create interesting, attractive and orderly learning spaces that optimize children's participation and 2) effectively using schedules to maximize child engagement, increase staff efficiency and improve staff communication. This session is a repeat of Thursday's 9:45-11:45 session in Birch. Please note: This session will be presented in Spanish.	Mischellean Smith, Professional Development Specialist, thead msmith@threadalaska.org Caroll L. Rodriguez, Professional Development Specialist, thread crodriguez@threadalaska.org	40	Fireweed
Community Relationships	Across Levels	All	Won't You Be My Neighbor? You're invited to re-discover the joy of Mister Rogers, and to screen the acclaimed film Won't You Be My Neighbor? for your community to help build connections between people and evoke Mister Rogers' values of compassion and kindness. In Won't You Be My Neighbor?, Academy Award-winning filmmaker Morgan Neville looks back on the legacy of Fred Rogers, focusing on his radically kind ideas. While the nation changed around him, Fred Rogers stood firm in his beliefs about the importance of protect- ing childhood. Neville pays tribute to this legacy with the latest in this highly engaging, moving documentary portrait of an essential American artist. This session is offered each day of the conference.	Facilitator: Anchorage AEYC Board or Conference Committee	40	Lupine
			Saturday, February 8th 10:45-12:1	5		
Curriculum	Emerging	3-5	<b>Play, Dance, and Learn</b> Many children enjoy listening to music and creating their own sounds and movement to music. Integrating music and movement into children's lives can help young children in their physical de- velopment, social interactions, and in their language develop- ment. Creative Movement is a joyful way for children to explore movement through music, develop physical skills, channel energy, stimulate imagination, and promote creativity. Join us for an interactive workshop where you will be able to define what crea- tive moment is and gain knowledge on a variety of music and movement activities that you can do with young children of all ages. Participating is required, so come ready to engage in the	Candice Lowndes, Assistant Teacher, CU1 Little 1 Learning Center, lowndesc@cu1.org Anna Castillo Site Manager, CU1 Little 1 Learning Center, castilla@cu1.org	75	Denali

### Anchorage AEYC Mission

Anchorage AEYC promotes high-quality early learning for all children, birth through age 8, by connecting practice, policy and research. We advance a diverse, dynamic early childhood profession and support all who care for, educate, and work on behalf of young children.

			Saturday: Sessions at a	Glance		
NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Saturday, February 8th 10:45-12:15	j		
Teaching	Across Levels	All	<b>Free STEM Kits for Educators</b> This presentation will show you how to take advantage of the free STEM kids available from Civil Air Patrol as well as unique ways to teach multiple subjects with the STEM kits. We will also go over all the benefits of the program for you as educators as well as your students. Easy STEM activities to make and take to share with your students will also be shared. This presentation is a repeat of Thursday & Friday's 1:30-3:00 sessions.	Lynda MacPherson, Director of Aerospace Education and STEM, AK Civil Air Patrol 605271@akwg.cap.gov	50	King Salmon
Leadership & Management	Across Levels	All	<b>Don't Make Me Adult Today!</b> "Grown-ups never understand anything for themselves, and it is tiresome for children to be always and forever explaining things to them." Antoine de Saint-Exupery We all know it's challenging being an adult everyday. You CAN add playfulness into your day and still be a professional. Positivity, being more present in your work, reflecting on where your passion lies are all worthy endeavors. Rejoin your co-workers, family and chil- dren in enjoying life. That may sound like a tall order, however, it is possible. Ninety minutes of discussion, games and activities, con- structed to renew your commitment to being an adult.	Stacie Dublin, Assistant Director, thread Resource & Referral NI, Fairbanks, Alaska sdublin@thrivalaska.org	40	Katmai
	Across Levels	All	Big Hopes for Little Books Best Beginnings, Alaska's Early Childhood Investment, is publishing an innovative series of four board books for babies through age 3. This project has a one-of-a-kind creative team: each of the books was created by a collaboration between Alaska Native authors and photographers. In this session moderated by veteran author and editor Tricia Brown, learn about these inspiring books and meet some of the authors, photographers, and others who helped con- ceive and produce this unique project. Book Titles: LET'S PLAY OUT! Summer in Alaska BUTTON UP! Fall in Alaska MITTENS AND MUKLUKS! Winter in Alaska BYE-BYE ICE! Springtime in Alaska	Tricia Brown, Moderator, Author & Editor Angela Gonzalez, Author Yaari Toolie-Walker, Author Joni Spiess, Author Carla Snow, Author Ian Merculieff, Photographer Carol Maillelle, Photographer	50	Iliamna
Relationship	Across Levels	All	Let's Talk About You—Evaluating Self-Care Practices After the completion of this training you should be able to: Understand how self-care practices impact personal lives; understand the importance of having and maintaining a work/life balance; and understand the importance of stress.	Frani Guttin, Disabilities/Mental Health Coordinator, RurAL CAP Head Start, fquittin@ruralcap.org	40	Aspen
	Across Levels	All	<b>Developing Self-Regulation Skills Through Play</b> Self- regulation skills are directly linked to a child's ability to learn. The early childhood years are critical in developing self-regulation skills and teaching children how to learn, so they are ready to suc- ceed in elementary school and beyond. Through the lens of Lev Vygotsky's theories on self-regulation development this hands on workshop will explore the definition of self-regulation and how to support its development through play. This session is a repeat of Friday's 1:30-3:00 session in the Aspen.	Jessica Peters, Professional Development Specialist, Lakeshore Learning Materials, California jpeters@lakeshorelearning.com	40	Spruce
			<b>Networking/Collaboration Rooms</b> If you would like to reserve either of these rooms to use for networking or collaboration please see Christie at the upstairs Registration Desk.		18	Prince William & Cook Inle





One child, one teacher, one book, one pen, can change the world. -Malala Yousafzai



NAEYC STANDARD	LEVEL	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
			Saturday, February 8th 10:45-12:15			
Teachers	Across Levels	Birth-3	Your Role When Working with Infants & Toddlers For infants and toddlers, all learning happens within the context of their relationships with important adults in their lives. Education staff working with infants and toddlers use effective teaching prac- tices to: 1) establish strong relationships with young children and their families; 2) create learning environments hat foster children's trust and emotional security and respond to their interests and needs and; 3) support and extend children's learning in responsive ways. This workshop will provide information and resources that participants can implement immediately within their practice work- ing with infants and toddlers. This session is a repeat of Thursday's 1:30-3:00 session in the Willow.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Willow
Teaching	Emerging	3-5	Individual Intervention This workshop is geared toward individualized intervention for big behaviors. This is non-clinical approach to redirecting, calming, and self-regulation. We will describe examples of behaviors and different ways to help the child. We will also discuss triggers and causes to help regulate the classroom.	Linda Duke, AE, Wasilla CCS Head Start justusdukes@gmail.com Summer Frank, AE, Wasilla Head Start summerfrank@icloud.com	40	Lupine
			Saturday, February 8th 1:30-3:30			
Curriculum	Across Levels	Pre-K- 3rd grade	<b>Eenie Meenie Miney Mo, Music Helps Knowledge Grow</b> Sing, Say, Dance, Play in early childhood education! Learn strategies to help cement the standards you teach your students by incorporating music education. Build pathways to literacy. Gain social emotional activities and group dances. Learn the importance of songtales and traditional music. Boost student self confidence and risk taking through self created lyrics and music. Obtain a list of valuable resources to integrate music into your own educational situation.	Shawnee Vanderpool, Music Teacher, Creekside Park, ASD vanderpool_shawnee@asdk12.org Aaron Hensley, Music Teacher, Creekside Park, ASD hensley_aaron@asdk12.org	50	Denali
Curriculum	Across Levels	Birth-3, 3-5	<b>Building A Child's Foundation Through Finger Plays, Songs, Chants and Rhymes</b> During this workshop you will have the opportunity to learn finger plays, songs, chants and rhymes and how they can be a big part of building a child's foundations for future learning. This will be an interactive workshop so come ready to sing and have lots of fun. This presentation is a repeat of Friday's 9:45-11:45 session in King Salmon.	Bonnie Monson, Center Coordinator, CCS Early Learning, Wasilla bmonson@ccsalaska.org Neva Lancaster, Center Coordinator, CCS Early Learning, Wasilla nlancaster@ccsalaska.org	40	King Salmon
Relationships	Across Levels	All	Parent Café: Learn the Method of Facilitating Meaningful and Reflective Conversations Do you have challenges in making connections with the parents in your program? Join us in an interactive workshop to learn about the parent café model and how it can be used in your program to give opportunities for meaningful conversations. Café questions are structured around questions related to each of the five Strengthening Families protective factors.	Monica Anderson, Teacher, Providence Center for Child Development, monica.anderson2@providence.org Jana Hensen, Supervisor, Providence Center for Child Development, jana.hensen@providence.org	50	Katmai
Relationships	Across Levels	All	LGBTQIA+ and ME? Why It IS Essential to Know Your Identity Alphabet NAEYC Code of Ethical Conduct outlines our responsibility to children and families to recognize and value the individuality of each child's identity and family structure. This workshop will provide informative and reflective activities on our understanding of gender and sexual identity. This knowledge will help ensure our practices make all children and families feel safe, welcomed and valued for who they are.	Christina Eubanks, Executive Director, Hillcrest Children's Center, hillcreskak@gmail.com Samuel Ohana, Clinical Counseling Intern, Full Spectrum	40	lliamna

NAEYC	LEVEL	AGE	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
STANDARD		GROUP				
			Saturday, February 8th 1:30-3:30			
Relationships	Across Levels	Across Age/ Grade Spans	Interpersonal & Environmental Impacts on Children's Behavior This session will help you: understand how Maslow's hierarchy of needs and Bronfenbrenner's Systems Theory impacts individuals behaviors; how interpersonal perspectives/experiences can shape personal views on behaviors of others and understand the im- portance of team collaboration and documentation.	Frani Guttin, Disabilities/Mental Health Coordinator, RurAL CAP Head Start, fquittin@ruralcap.org	40	Asper
	Across Levels	Birth-3	Toxic Stress and it's Impact on Brain Development Unfortunately many children are growing up in environments where they experience toxic stress, stress that permeates day after day and does not go away. This toxic stress (death in the family, abuse in the home or neighborhood, lack of health care, etc.) has a direct impact on the brain's development, beginning as early as infancy. Through a hands on workshop we will explore what toxic stress is, how it impacts the brain's development, and touch on what we can do as educators to help children succeed in spite of toxic stress in their lives. This session is a repeat of Friday's 9:45-11:45 presentation in the Aspen.	Jessica Peters, Professional Development Specialist Lakeshore Learning Materials, California jpeters@lakeshorelearning.com	40	Spruce
			How to Become a CDA PD Specialist. <sup>™</sup> This session will provide an in-depth overview of the eligibility requirements, roles and responsibilities, application process in becoming a CDA PD Specialist. <sup>™</sup> This session is a repeat of Thursday & Friday's 1:30-3:00 session.	Anna Castillo Site Manager, CU1 Little 1 Learning Center, castilla@cu1.org Brandy Graham, Education Coordinator, Providence Child Development Center Brandy.graham@providence.org		Birch
Teachers	Across Levels	Birth-3	<b>Engaging in Effective Interactions with Infants &amp; Toddlers</b> All interactions an educator has with children can influence how children learn, grow and feel about themselves. Positive, intention- al and reciprocal (back and forth) interactions contribute to best outcomes for children. Children are happier, healthier, more confi- dent, and excited to learn when adults nurture relationships and interactions. In this workshop, you will gain knowledge on how responsive, warm and supportive interactions between caregivers and children build the foundation for learning and how to plan and implement effective strategies on responding to, communicating with, and supporting children's learning. This session is a repeat of Thursdays 1:30-3:30 presentation in the Willow.	Cathy Cole, Professional Development Consultant, Kaplan Early Learning Company, Oregon	50	Willov
Teaching	Across Levels	Birth-3	Make It and Take It: Sensory Play for Infants & Toddlers Come engage in a café-style round table discussion on sensory play for infants and toddlers. You will make sensory activities to take with you that can be used in your classroom to promote exploration and sensory learning. You will also learn how to make sensory activities that families can easily make in their homes to continue sensory learning and exploration outside the classroom.	Heidi Shepard, Infant Toddler Teacher, CCS Early Learning, Wasilla, AK hshepard@ccsalaska.org Chante'e Miller, Infant Toddler Teacher, CCS Early Learning, Wasilla, AK	40	Firewe



## Saturday: Sessions at a Glance

NAEYC LEVEL STANDARD	AGE GROUP	WORKSHOP TITLE & DESCRIPTION	PRESENTER(S)	CAPACITY	ROOM
		Saturday, February 8th 3:45-5:15			
		Closing Keynote:	Dr. Rebecca Isbell	250	Aleutian
		The Stories Behind the Humor: Smile, Laugh, and Be Happy!	Motivational Speaker, Writer, Early Childhood Consultant, Jonesborough, TN drisbell.com@gmail.com		
	us laugh. moment, a us unders	e work with young children, there are many instances that make These special moments can provide a stress break, a shared fun and build positive relationships. These happenings can also help tand children's development, how they think, and what they find loin in the fun while learning about the amazing abilities of young children!			

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Best Beginnings       EST BEGINNINGS         Abbe Hensley, Executive Director       Bada's Early Childhood Investment         Phone: (907) 297-3300       E-mail: info@bestbeginingsalaska.org         Web Site: BestBeginningsAlaska.org	State of Alaska Immunization         Program         Lorraine Alfsen         Phone: 907-2698066         Email: Lorraine.alfsen@alaska.gov         Web Site:         http://dhss.alaska.gov/dph/Epi/iz/Pages/default.aspx
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To all the Exhibitors who joined us this year, Donated items for our Silent Auction, And Door Prizes, we THANK YOU!

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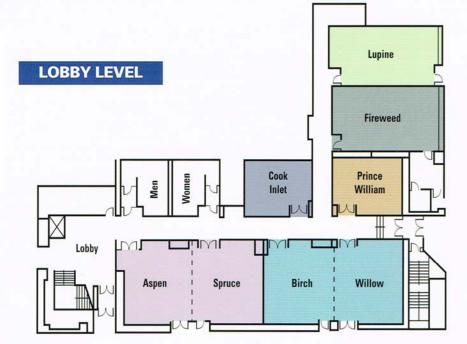
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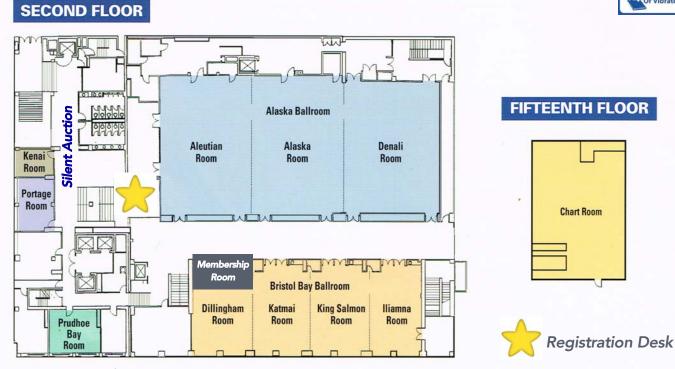
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